A stylized illustration in shades of purple and blue. On the left, an elderly male doctor with glasses and a white lab coat is shown in profile, looking towards the right. On the right, a woman is shown in profile, looking towards the left. A glowing DNA double helix is positioned above her head, extending towards the top right corner. The background is filled with faint, glowing hexagonal patterns and a circular light fixture at the top.

# CATALOGUE MEDICAL BOOKS

JULY 2025

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## Books for MBBS/MD/DNB

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# Books for MBBS/MD/DNB



## Textbook of Physiology (Volumes I and II) (10th Edition)

**A K Jain** Professor and Head, Department of Physiology, NDMC Medical College and Hindu Rao Hospital, Delhi. Formerly Professor of Excellence and Head, Department of Physiology, Maulana Azad Medical College, New Delhi.

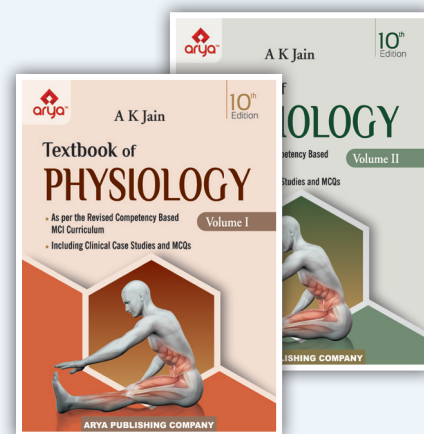
**Volume I** includes General Physiology, Blood, Nerve, Muscle Physiology, The Digestive System, The Cardiovascular System (CVS), The Respiratory System and The Excretory System.

**Volume II** includes Metabolism and Nutrition, The Endocrine System, The Reproductive System, The Nervous System and The Special Senses.

### Salient features of the book are:

- As per MCI competency-based undergraduate curriculum.
- Entire text thoroughly revised and updated along with many clinical pictures.
- More study questions including 3000 MCQs along with many long-structured questions.
- Separate booklet on questions and answers in physiology incorporated.
- Encourages self-testing; develops confidence during examination; builds basic concepts.
- Helps to acquire clinical knowledge for better treatment.

ISBN : 978-81-19336-05-0	Price : ₹ 2095 (Set of 2 Vols.)	Pages : 632 (Vol I) & 560 (Vol II)	Tenth Edition : 2023	Reprint : 2025
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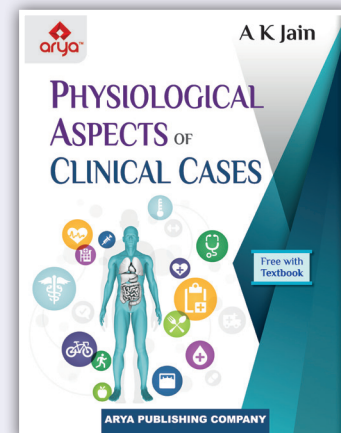
## Physiological Aspects of Clinical Cases

**A K Jain**

### Salient features of the book are:

- The book is aligned with the latest competency-based medical education (CBME) by the National Medical Commission (NMC), focusing on skills necessary for lifelong learning and early clinical exposure.
- Clinical cases are organized according to the CBME-NMC syllabus to train students in logical thinking and clinical case analysis, with each case including relevant physiological concepts and questions.
- With over 300 clinical case exercises, the book enhances early clinical exposure and aids in easy reproducibility and understanding of the subject.

ISBN : 978-81-19336-25-8	Price : ₹ 300	Pages : 152	First Edition : 2023	Reprint : 2025
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## Fundamentals of Clinical Communication

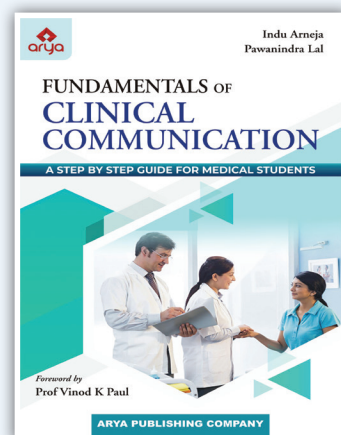
**Indu Arneja** Psychologist, Professor, Communication skills trainer, Founder-Director – Indian Institute of Healthcare Communication. Working intensively with medical students, practitioners, nurses and other healthcare professionals.

**Pawanindra Lal** is currently the Director, Professor and Head of the Department of Surgery at Maulana Azad Medical College (University of Delhi). A passionate teacher, academic and ardent researcher, Prof Lal is well known for his surgical and laparoscopic skills and extempore teaching.

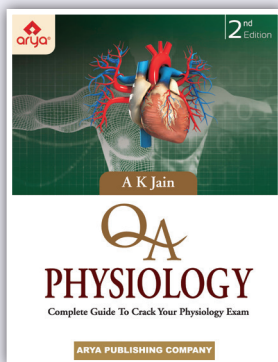
### Salient features of the book are:

- Fundamentals of Clinical Communication is a step-by-step guide for medical students on doctor-patient communication.
- It is the first of its kind of book written on this subject in India.
- This book has been written keeping in mind the realities and challenges of the Indian healthcare system and therefore is a ready reckoner for learning essential communication skills in patient management. Besides other essential chapters, the book's highlights are the chapters on managing difficult conversations that talk about breaking bad news, disclosing medical errors and the chapter on managing different patients.

ISBN : 978-81-8296-794-6	Price : ₹ 300	Pages : 216	First Edition : 2022	Reprint : 2025
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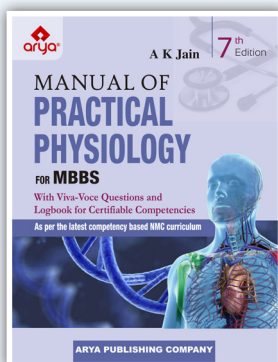
## QA Physiology (2nd Edition)

**A K Jain**

**Salient features of the book are:**

- Pointwise presentation of about; 1300 questions and answers on the topics to help students to develop confidence prior to face viva-voce without any apprehension. This will also help them to present with an appropriate .
- All frequently asked questions (FAQs) have been incorporated.
- Handy and student-friendly, the book makes learning of the subject effortless and very interesting.
- The book will be a great help in attempting the questions that require precise answers in about 1–2 lines.
- Asterisk (\*) put at many places denotes related viva-voce questions from that topic.

ISBN : 978-93-94102-96-5	Price : ₹ 275	Pages : 176	Second Edition : 2021	Reprint : 2025
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## Manual of Practical Physiology for MBBS (7th Edition)

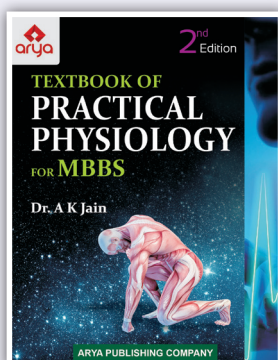
**A K Jain**

**Salient features of the book are:**

- As per new curriculum of NMC.
- Application-based in nature to train students to think logically and analyse complex problems.
- Practicals on human physiology and their application to clinical medicine stressed.
- Diagrams, pictures and graphs/records depicting analysis and reasoning questions and viva voce questions with answer.
- The objective structured practical examination (OSPE) has also been mentioned.
- Frequently asked spot in the examination included.
- Important topics are grouped under four units as:

- |                            |                                       |
|----------------------------|---------------------------------------|
| i. Haematology Experiments | ii. Nerve Muscles Experiments         |
| iii. Human Experiments     | iv. Approach to Practical Examination |

ISBN : 978-93-9479-293-7	Price : ₹ 950	Pages : 352	Seventh Edition : 2023	Reprint : 2025
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## Textbook of Practical Physiology for MBBS (2nd Edition)

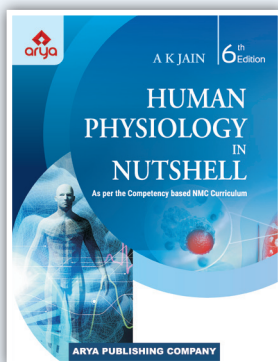
**A K Jain**

**Salient features of the book are:**

- As per new curriculum of NMC.
- Application-based in nature to train students to think logically and analyse complex problems.
- Practicals on human physiology and their application to clinical medicine stressed.
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- |                            |                                       |
|----------------------------|---------------------------------------|
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| iii. Human Experiments     | iv. Approach to Practical examination |

ISBN : 978-81-19336-24-1	Price : ₹ 650	Pages : 400	Second Edition : 2018	Reprint : 2025
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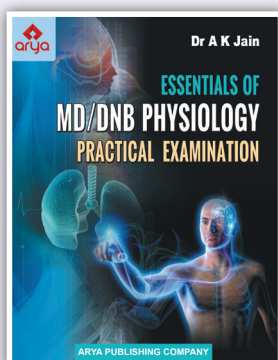
## Human Physiology in Nutshell (6th Edition)

**A K Jain**

**Salient features of the book are:**

- For quick revision of the subject just prior to the theory and viva-voce examination.
- Material is presented point wise.
- Covers all the topics in nutshell without losing conceptual text.
- Handy and student friendly.
- Makes learning of the subject interesting with more flowcharts and tables.

ISBN : 978-93-94792-04-3	Price : ₹ 495	Pages : 232	Sixth Edition : 2022	Reprint : 2025
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## Essentials of MD/DNB Physiology Practical Examination

**A K Jain**

**Salient features of the book are:**

- As per new curriculum policy of the National Medical Commission (NMC) for MD and DNB students.
- Emphasises the need for quantitative as well as qualitative improvement in human physiology experiments along with their clinical correlates.
- Well-labelled diagrams, pictures, flowcharts and graphs provided.
- Important viva-voce questions and frequently asked spots given.

ISBN : 978-81-7855-745-8	Price : ₹ 750	Pages : 464	First Edition : 2016	Reprint : 2025
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## Textbook of Medical Biochemistry (3rd Edition)

**S K Gupta** (M.D.) Former Professor and Head-Department of Biochemistry, NDMC Medical College and Hindu Rao Hospital, Delhi. Former Director Professor, Department of Biochemistry at Maulana Azad Medical College, New Delhi. He has been teaching medical biochemistry to B.D.S., M.B.B.S., and M.D. students for over forty years. He is very well aware of the students' requirements as he has been an examiner for many universities for MBBS and MD examinations and an expert in interview boards for the appointment of residents and faculty positions.

**Binita Goswami** Professor, Deptt. of Biochemistry (Maulana Azad Medical College, New Delhi). She is avidly involved in the teaching of undergraduate and postgraduate students. She was also the faculty at GIPMER and LHMC, New Delhi.

### Salient features of the book are:

- Updated with the latest CBME curriculum (NMC).
- A clear and comprehensive account of the subject for students, both at the graduate and postgraduate levels.
- Necessary details along with coloured diagrams, flowcharts and clinical pictures.
- Basic subject has been well-correlated with clinical situations. Boxes titled 'Clinical Focus' correlates the subject well with clinical situations.
- Provides a good overview of molecular biology and immunology.

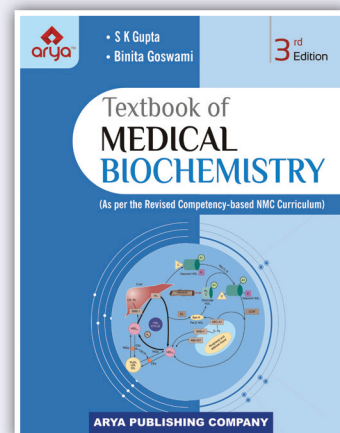
ISBN : 978-81-19336-15-9

Price : ₹ 1750

Pages : 752

Third Edition : 2023

Reprint : 2025



## Biochemistry in Nutshell (2nd Edition)

**S K Gupta**

### Salient features of the book are:

- The core subject material has been covered adequately and the subject matter has been arranged sequentially to make a logical reading.
- Adequate colourful diagrams and flowcharts have been added for clear visualisation and understanding.
- Sequential arrangement of text has been done for better retention of subject matter.
- Important confusing terms, facts, etc., have been highlighted through coloured boxes.
- Boxes titled 'Clinical Focus' highlight the importance of the clinical aspects arising from basic medical biochemistry.
- New areas such as cancer, genetic engineering and molecular immunology along with core areas of biochemistry like metabolism, nutrition, endocrinology, etc. have also been given due emphasis.
- Common health problems with a strong biochemical basis such as Diabetes Mellitus, Jaundice, Respiratory Distress Syndrome of Newborns, Osteoporosis, Hypercholesterolemia and several metabolic disorders viz. Hyperhomocysteinemia, Phenylketonuria, etc. have been dealt with in suitable clinical details.

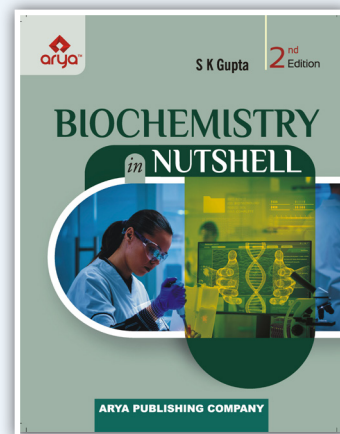
ISBN : 978-81-19336-09-8

Price : ₹ 750

Pages : 336

Second Edition : 2023

Reprint : 2025



## Manual of Practical Biochemistry for MBBS (5th Edition)

**S K Gupta, Binita Goswami**

**Veena Singh Ghalaut** Formerly Professor and Head, Department of Biochemistry, Pt. B.D. Sharma Postgraduate Institute of Medical Sciences, Rohtak (Haryana).

**Anju Jain** Director Professor, Department of Biochemistry, Lady Hardinge Medical College, New Delhi.

### Salient features of the book are:

- The manual has been revised thoroughly according to the new competency-based curriculum introduced by the NMC.
- Important new experiments have been added to upgrade with the curriculum.
- Various new chapters on clinical conditions and disorders have been included comprehended with appropriate clinical case histories. This will help students in using their basic knowledge in clinical perspective.
- Point-wise description of the content for easy and quick recapitulation, procedures in tabular form and the viva-voce question-answers at the end, each experiment are the key features of this book.

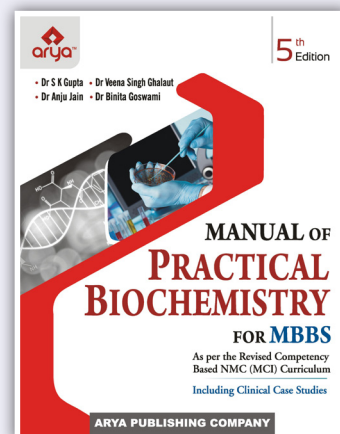
ISBN : 978-81-960690-0-1

Price : ₹ 650

Pages : 240

Fifth Edition : 2023

Reprint : 2025



## Concise Medical Biochemistry (In Question-Answer Form)

**Ajith T A** PhD, Professor, Department of Biochemistry, Amala Institute of Medical Sciences, Thrissur, Kerala.

### Salient features of the book are:

- The book follows the MCI/NMC CBME curriculum in a question-and-answer format, beneficial for Medical/Dental/Para-medical students.
- It covers previous years' university questions with clear, systematic answers and all prescribed competencies.
- Includes various essay formats, simple figures, and tables for easy learning and exam retention, with key points and definitions in italics.
- Explains biochemical techniques and their clinical significance with updated examples.

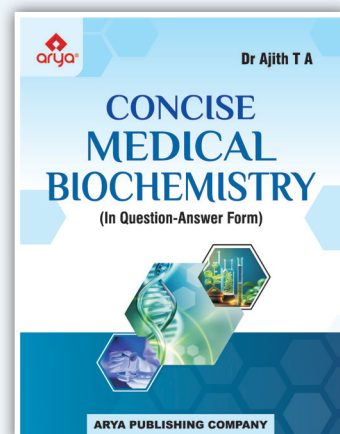
ISBN : 978-93-6059-049-9

Price : ₹ 750

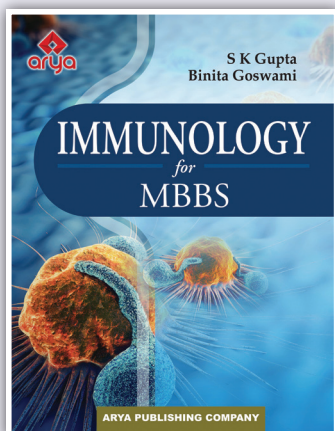
Pages : 368

First Edition : 2024

Reprint : 2025







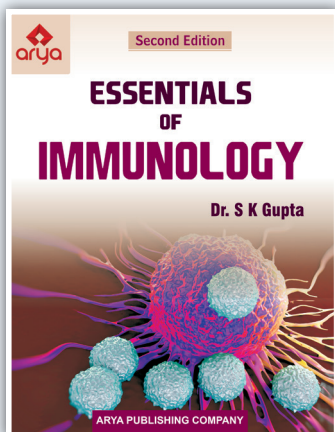
## Immunology for MBBS

**S K Gupta, Binita Goswami**

**Salient features of the book are:**

- This book has been written to cover the core competencies of immunology that need to be taught to the Phase I MBBS students as per the CBME curriculum implemented in 2019 as per NMC.
- The chapters have been compiled in accordance with the three competencies as have been defined in NMC.
- The concepts have been explained in simple and lucid language with illustrations and diagrams to make the understanding simple.
- Essay type as well multiple choice questions have been added at the end of each chapter for self-assessment.
- A section on the practical and clinical aspects of the immunology concepts have been added at the end so that the students appreciate the immense potential of immunology in our lives.

ISBN : 978-81-8296-786-1	Price : ₹ 395	Pages : 144	First Edition : 2021	Reprint : 2025
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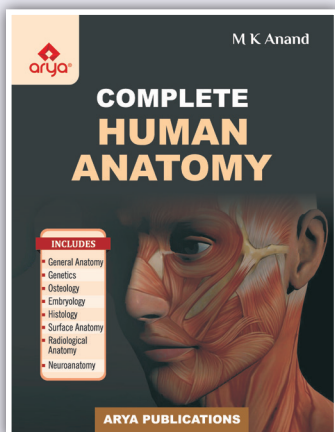
## Essentials of Immunology (2nd Edition)

**S K Gupta**

**Salient features of this thoroughly revised edition are:**

- Provides a clear, comprehensive and concise account of immunology.
- Incorporates a new way of understanding concepts.
- Includes improved diagrams and many new diagrams.
- Many important concepts and clinical correlations and conditions have been highlighted in coloured boxes.
- Adequate illustrations, tables and flowcharts.
- A summary at the end of each chapter gives the important facts for recapitulation.

ISBN : 978-81-7855-763-2	Price : ₹ 995	Pages : 384	Second Edition : 2017	Reprint : 2025
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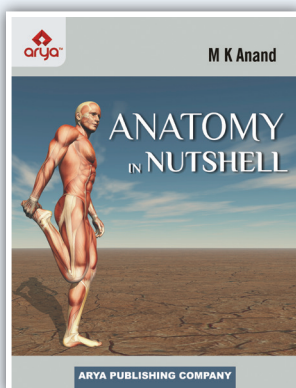


## Complete Human Anatomy

**M K Anand**

- This book is a comprehensive and up-to-date textbook of human anatomy for undergraduate students.
- The pattern of the book is outcome-based, in accordance with the changes in curricula and current integrated, competency-based education.
- The diagrams are illustrative yet simple and should be easily reproducible by any student.
- Neuroanatomy, thorax, muscles of upper and lower limbs, abdomen and pelvis are given in one section with numerous illustrations.
- The section on osteology of the body and radiological anatomy is a unique feature of this book. It is systematic, easy to follow and aims to equip the student with basic clinical knowledge and the anatomical correlation.

ISBN : 978-93-6059-345-2	Price : ₹ 995	Pages : 752	First Edition : 2025
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## Anatomy in Nutshell

**Mahindra Kumar Anand** MBBS, MS, DO, PhD, DHA, ACME, FAIMER Fellow. Featured Physician, Clinical Anatomy Research Fellow, SSF, Seattle, WA, USA. Councilors-At-Large, American Association of Clinical Anatomists, USA. Head-Department of Anatomy, Al-Falah School of Medical Science & Research Centre, Al-Falah University Campus Village, Dhauj, Faridabad, Haryana, NCR-Delhi, India.

**Salient features of the book are:**

- Clinical correlations have been included at the end of each chapter to provide relevance to the anatomical science with respect to clinical diagnosis and treatment for the medical students.
- All relevant subject content of human anatomy for medical students have been included such as from anatomy of tissues to organs and then to different systems of the body.
- Illustrated clinical diagrams are added to provide a better understanding in the book.
- Clinical relevance is designed to stimulate the students to apply subject knowledge to correlate signs and symptoms, with anatomy of the given body part.
- New advances and modern concepts have been simplified and presented.

ISBN : 978-81-19336-10-4	Price : ₹ 695	Pages : 368	First Edition : 2023	Reprint : 2024
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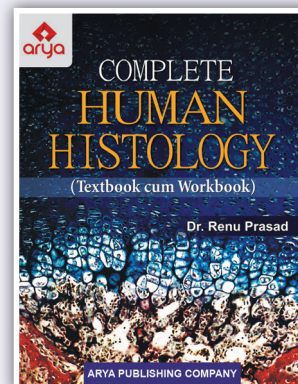
## Complete Human Histology (Textbook cum Workbook)

**Renu Prasad** Professor and Head, Department of Anatomy, Rajendra Institute of Medical Sciences, Ranchi. She has a teaching experience of more than 31 years. She was the Editor-in-Chief of her college magazine for several years and some of her articles were published in the college magazine.

### Salient features of the book are:

- Simple and lucid language.
- Helpful for both undergraduate and postgraduate medical students of Anatomy and Pathology.
- The diagrams given in the book are simple sketches representing histological features emphasising every minute detail of the cells and the nuclei. They can be easily reproduced by students during the examinations.
- This textbook can also be used as a workbook.
- Unlabelled diagrams and blank pages have been provided to practise labelling and drawing diagrams.
- This book is also useful for BDS, BHMS, B.Sc. Nursing and Paramedical students.

ISBN : 978-81-7739-484-9	Price : ₹ 400	Pages : 176	First Edition : 2016	Reprint : 2025
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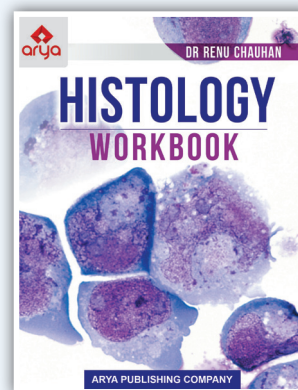
## Histology Workbook

**Renu Chauhan** Director Professor & Head, Department of Anatomy, University College of Medical Sciences and Guru Teg Bahadur Hospital, Delhi.

### Salient features of the book are:

- Simplifies the difficult subject of Histology for students.
- The content is simple yet lucid.
- Majority of the figures are actual photographs of slides as seen by students through the microscope.
- This book is also useful for BDS, BHMS, B.Sc. Nursing and Paramedical students.

ISBN : 978-81-8296-575-1	Price : ₹ 400	Pages : 136	First Edition : 2016	Reprint : 2025
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## Complete Human Osteology

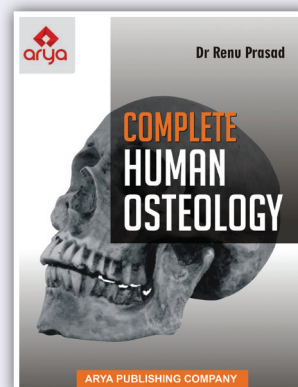
**Renu Prasad**

Osteology is a very critical subject of Anatomy and plays a significant role in understanding gross anatomy.

### Salient features of the book are:

- Book has been prepared to cater to the needs of the undergraduate students and aims to help them in mastering the subject of Osteology.
- The concepts have been explained in a simple and lucid language to ensure easy understanding of the subject.
- "Special comments and points of applied anatomy" have been included towards the end of description of bones.
- Clinical photographs of bones have also been added to facilitate the understanding of the text.

ISBN : 978-81-7739-562-4	Price : ₹ 400	Pages : 224	First Edition : 2018	Reprint : 2025
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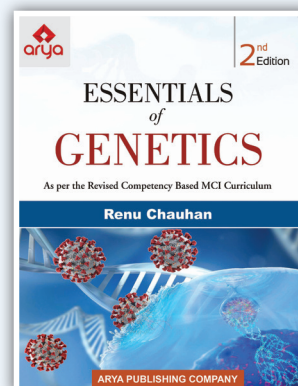
## Essentials of Genetics (2nd Edition)

**Renu Chauhan**

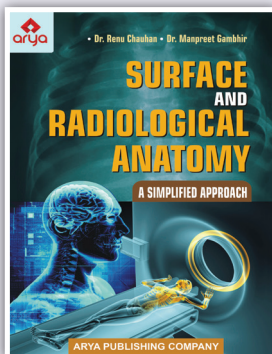
### Salient features of the book are:

- This book aims at providing the MBBS and allied health sciences students with the basic concepts of genetics.
- Frequently asked topics in examinations have been included and important topics have been discussed at length.
- Efforts have been made to use simple English language throughout this book so that the text can be readily understood.
- Coloured illustrations have also been added to enhance and facilitate readers' understanding of the pertaining text.
- Chapters such as Dermatoglyphics, Prenatal Diagnosis and Important Techniques in Genetics have also been dealt with to keep pace with the recent developments.

ISBN : 978-81-7739-600-3	Price : ₹ 275	Pages : 128	Second Edition : 2021	Reprint : 2025
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## Surface and Radiological Anatomy — A Simplified Approach

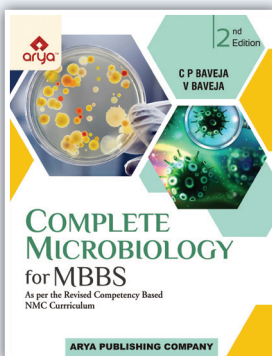
**Renu Chauhan**

**Manpreet Gambhir** Consultant Radiologist at SRL Diagnostics, New Delhi.

**Salient features of the book are:**

- Complete the needs of undergraduate MBBS, Dental and B.Sc. (Radiology) students.
- The language is simple, and content is informative and communicative.
- A wide range of modern imaging techniques including Radiographs, Angiograms, Computed Tomography and Magnetic Resonance Images have been showcased with an excellent collection of relevant material.
- Useful to the students and teachers from diverse medical fields alike.

ISBN : 978-81-7739-443-6	Price : ₹ 250	Pages : 152	First Edition : 2014	Reprint : 2025
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## Complete Microbiology for MBBS (2nd Edition)

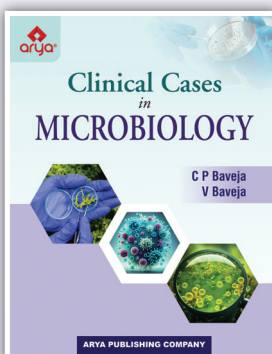
**C P Baveja** MD (Gold Medalist), MNAMS. Professor and Head, Department of Microbiology, Amrita School of Medicine, Faridabad, Haryana.

**V Baveja** Formerly at B J Medical College and N.M. Wadia Hospital, Pune.

**Salient features of the book are:**

- Absolutely as per the competency-based medical education curriculum, NMC.
- The book has been written according to 'Infective Clinical Syndromes' as per new curriculum of NMC for MBBS.
- Each 'Clinical Infective Syndrome' has been included with salient features of organisms.
- Parasitology has been included in the book hence no separate book required.
- The only book with chapters on each competency.
- A chapter 'Confidentiality in laboratory reports' including ethics as required under AETCOM module has been incorporated.
- Chapter on 'Case Studies and National Health Programmes' has been added.
- A chapter on 'Anaemia' in relation to microbiology has been included.

ISBN : 978-93-6059-143-4	Price : ₹ 1450	Pages : 816	Second Edition : 2024	Reprint : 2025
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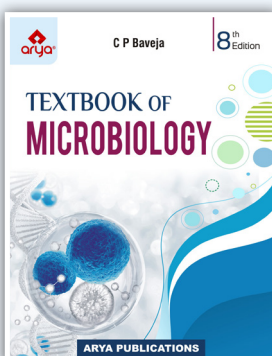
## Clinical Cases in Microbiology (with MCQs)

**C P Baveja, V Baveja**

**Salient features of the book are:**

- Clinical case presentations have been written according to various systems, along with questions and answers for an in-depth understanding of the subject.
- Multiple choice questions (MCQs) have been incorporated in all the units.
- The text has been presented in a simple, concise, and lucid manner.
- This book has been written according to the main microbiology textbook for MBBS students, 'Complete Microbiology for MBBS'. This book can be referred to for details of syndromes mentioned in the clinical presentations.

ISBN : 978-93-6059-480-0	Price : ₹ 250	Pages : 112	First Edition : 2024	Reprint : 2025
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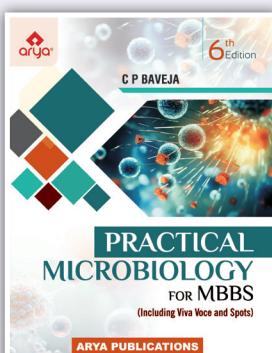
## Textbook of Microbiology (8th Edition)

**C P Baveja**

**Salient features of the book are:**

- Authentic colour plates and diagrams have been included at suitable points throughout the text.
- The textbook has been extensively revised and updated to include the following new and relevant features:
  - COVID-19: Vaccines and recent advancements.
  - Human Immunodeficiency Virus (HIV): Updates aligned with the latest national guidelines.
  - The chapter on Mycobacterium tuberculosis has been revised in accordance with updated guidelines.
- New chapters introduced:
  - Standard Precautions
  - Antimicrobial Stewardship
- "Essentials of Microbiology at a Glance" has been added to provide a quick summary of key microbiology concepts.

ISBN : 978-93-6059-041-3	Price : ₹ 1650	Pages : 688	Eighth Edition : 2025
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## Practical Microbiology for MBBS (6th Edition)

**C P Baveja**

**Salient features of the book are:**

- Working steps of each practical are framed to enable a beginner to perform the exercise independently.
- All competency-based practicals are included.
- At the end of each practical, the important relevant questions along with answers are added.
- Appendices are added to include some important points related to practical exercises.
- Spots with salient features for their identification.

ISBN : 978-93-6059-474-9	Price : ₹ 550	Pages : 222	Sixth Edition : 2025
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## Essentials of MD/DNB Microbiology Practical Examination

**C P Baveja, V Baveja**

**Salient features of the book are:**

- The first and only book for MD/DNB Microbiology Practical examination.
- Working steps of each practical exercise have been framed to enable a beginner to perform the exercises independently.
- Flowcharts for performance of different practical exercises have been incorporated for quick recapitulation.

ISBN : 978-81-7855-775-5	Price : ₹ 600	Pages : 240	First Edition : 2017	Reprint : 2025
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## Parasitology (5th Edition)

**C P Baveja, V Baveja**

**Salient features of the book are:**

- The text is easy to understand and presented in a simple and lucid language.
- A preview has been presented at the beginning of each chapter.
- To make learning easier, well-labelled diagrams and tables have been included at appropriate places.
- Life cycles of parasites are depicted pictorially as well as through flow diagrams.
- Significant aspects of Parasitology have been listed in the form of appendices.
- A chapter on 'Essentials of Parasitology at Glance' has been added to recapitulate the important aspects of Parasitology in no time.
- A chapter on 'Medical Entomology' highlights the role of vectors in Parasitology.

ISBN : 978-81-8296-781-6	Price : ₹ 450	Pages : 216	Fifth Edition : 2021	Reprint : 2024
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## Microbiology at a Glance

**C P Baveja, V Baveja**

**Salient features of the book are:**

- Concise and comprehensive language for easy to understand.
- Point-wise explanation for quick recapitulation.
- Clinical Pictures/ diagrams and tables have been incorporated to provide useful information at a glance.
- Clinical infective syndromes have been included in specific chapters.
- Separate chapters on Ethics, Confidentiality and National Health Programmes have been incorporated.
- COVID-19 has been included to understand the most catastrophic disease in the world.
- Clinical Case Presentations have been added in various chapters to help students understand the integrated learning approach.
- Clinical significance emphasises the role of microbiology in patient care.
- A chapter on 'Essentials of Microbiology at Glance' has been added to recapitulate the important aspects of Microbiology in no time.

ISBN : 978-81-19336-29-6	Price : ₹ 895	Pages : 583	First Edition : 2024	Reprint : 2025
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## Textbook of Pathology for MBBS (Volumes I and II) (2nd Edition-Modified)

**A K Mandal** Director Professor and Head, Department of Pathology, Laboratory Medicine and Blood Bank, Safdarjung Hospital and Vardhaman Mahavir Medical College, New Delhi.

**Shramana Choudhury** Associate Professor, Department of Pathology, Maulana Azad Medical College and LN Hospital, New Delhi.

The new edition of the book in two volumes is extremely student-friendly and easy to understand.

**Salient features of the book are:**

- Strictly as per the latest competency-based MCI Curriculum.
- The topics covered in the chapters have been started so that the students can focus on the essential core knowledge.
- Microscopic photographs synchronised with computer-generated figures have been provided for better understanding and ease in drawing in the examinations.
- The ICMC incidence of diseases specific to our country has been included along with the latest updates regarding the WHO classification and pathogenesis.
- A list of important questions has been given at the end of each chapter.

ISBN : 978-93-947929-8-2 (Set)	Price : ₹ 2200 (Set of 2 Vols.)	Pages : 496 (Vol I) 536 (Vol II)	Modified Edition : 2021	Reprint : 2023
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## Practical Pathology (With Viva-Voce Questions) (4th Edition)

**Tejindar Singh** Former Director Professor & Head, Department of Pathology, Maulana Azad Medical College, Delhi

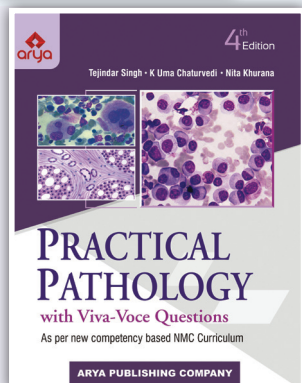
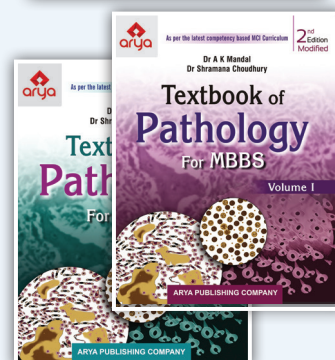
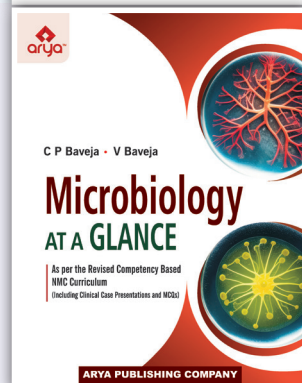
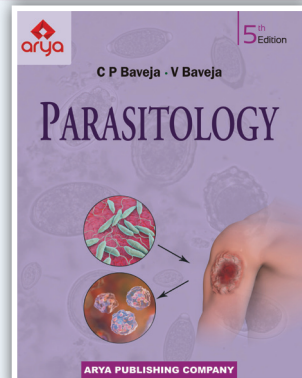
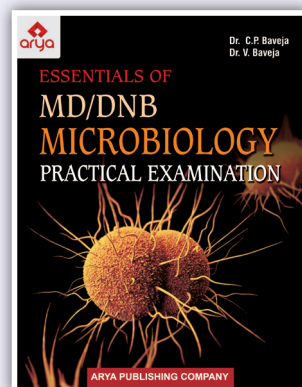
**K Uma Chaturvedi** Former Director Professor & Head, Department of Pathology, Maulana Azad Medical College, Delhi

**Nita Khurana** Professor and Head, Department of Pathology, Maulana Azad Medical College, New Delhi.

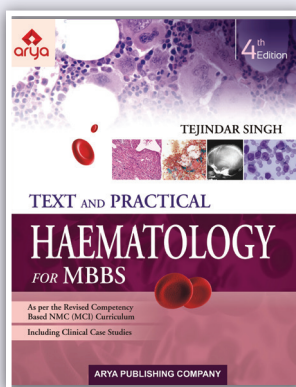
**Salient features of the book are:**

- The new edition is thoroughly revised and incorporates the competencies as per the new Competency-based Medical Education guidelines of National Medical Commission.
- The book aims to prepare the undergraduate students to apply knowledge of Pathology in the clinical context and become clinicians capable of judiciously investigating the patients and interpreting the laboratory results as practicing physicians of tomorrow.
- Though primarily aimed at second professional year of a medical course, the book will be useful in subsequent clinical years as well.
- A wide spectrum of clinical cases in different sections of the book has been incorporated to enhance the understanding of the basis of the disease manifestations and changes occurring in normal physiology and organ morphology in different disorders.
- New high-quality photographs, questions for viva voce and listing of competencies will help the students to focus on assessment of their learning.

ISBN : 978-93-9479-297-5	Price : ₹ 695	Pages : 272	Fourth Edition : 2022	Reprint : 2025
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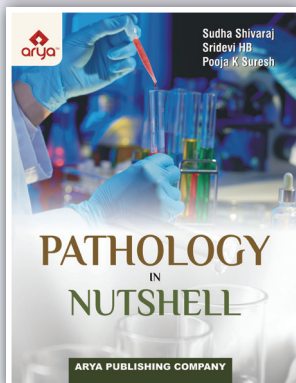
## Text and Practical Haematology for MBBS (4th Edition)

**Tejindar Singh**

**Salient features of the book are:**

- As per the NMC guidelines, each chapter begins with “Competency”. Preview of each chapter outlines the contents and scope of the disease entity.
- Each chapter is profusely illustrated to make the student understand and appreciate the morphology of haematopoietic cells in blood and bone marrow.
- Flowcharts, figures and tables elucidate the pathogenesis, morphology and differentiating features of various blood diseases.
- “Points to Remember” section in each chapter summarises the important aspects of the disease entity.
- Each chapter ends with case studies and MCQs. Case studies with clinicopathological data help in understanding the disease process.

ISBN : 978-81-19336-31-9	Price : ₹ 895	Pages : 392	Fourth Edition : 2021	Reprint : 2024
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## Pathology in Nutshell

**Sudha Shivaraj** MD (Pathology) is a clinical case Instructor and Academic Adviser. She worked as an Asst. Professor of pathology at the International Medical School (MSU, Malaysia), and has taught UG and PG students at Bangalore Baptist Hospital.

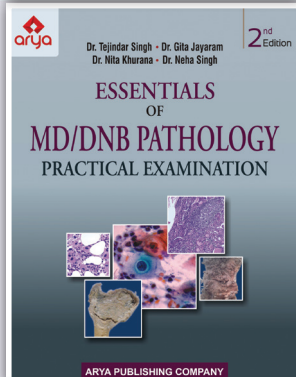
**Sridevi H. B.** MD (Pathology), Additional Professor, Deptt. of Pathology at KMC, Bangalore.

**Pooja K. Suresh** MD (Pathology), Additional Professor, Dept. of Pathology at KMC, Bangalore. She is also a member of quality team (KMC, Bangalore).

**Salient features of the book are:**

- Updated edition as per requirement of CBME (NMC curriculum)
- Case study, MCQs, Essay-type and short-type QA have been given in each chapter
- Clinical histopathology slides have been given in each chapter.

ISBN : 978-81-19336-06-7	Price : ₹ 750	Pages : 400	First Edition : 2023	Reprint : 2024
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## Essentials of MD/DNB Pathology Practical Examination (2nd Edition)

**Tejindar Singh, Nita Khurana**

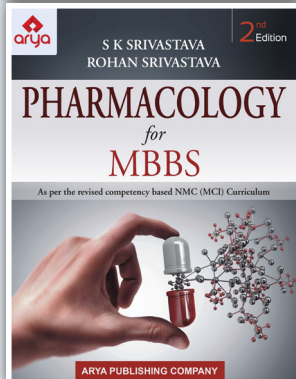
**Gita Jayaram** Former Professor, Department of Pathology, University of Malaya, Malaysia.

**Neha Singh** Additional Professor, Department of Pathology, AIIMS, Rishikesh.

**Salient features of the book are:**

- This book gives a stepwise approach to how to prepare students for MD/DNB Practical examination.
- All the exercises like slide sessions of haematology, histopathology and cytology, techniques and interpretation of results of clinical pathology and haematology have been profusely covered.
- Gross pathology, spots and grand viva-voce have been incorporated.
- Quality photographs in each case bring out the morphologic features of the disease entities.
- Answers to the questions repeatedly asked by the examiners and further questions on molecular, genetic and IHC markers have been included.
- It is more like a guide so that students will become well-versed in answering viva-voce in an organised and coherent manner during their MD/DNB examination.

ISBN : 978-81-7855-888-2	Price : ₹ 1150	Pages : 472	Second Edition : 2021	Reprint : 2024
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## Pharmacology for MBBS (2nd Edition)

**S K Srivastava**

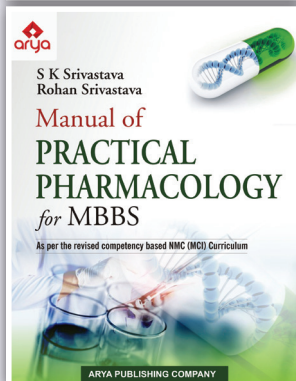
**Rohan Srivastava** M.B.B.S., M.D; Registrar, Breach Candy Hospital, Mumbai. Ex-Resident Government Medical College, Surat.

**Salient features of the book are:**

The book provides an authoritative, concept-oriented and clinical application-oriented text.

- Absolutely as per the National Medical Commission (NMC) (erstwhile MCI) recommended “Competency-based Medical Education (CBME) Curriculum”.
- Book is thoroughly updated (second edition) and competencies are mentioned with specific learning objectives in each chapter.
- The precise mechanism of action, clinical uses and adverse effects of drugs/drug groups with relevant explanations have been mentioned.
- Important facts and reasoning (why/how, etc.) are given throughout the text; and also important notes to make certain generalizations and key points.
- Selected MCQs have been mentioned at the end of each chapter for self-assessment.
- New drugs approved have been mentioned with appropriate descriptions.

ISBN : 978-93-94102-56-9	Price : ₹ 995	Pages : 1056	Second Edition : 2021	Reprint : 2025
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## Manual of Practical Pharmacology for MBBS

**S K Srivastava, Rohan Srivastava**

The book is first of its kind and user-friendly with following salient features:

- Absolutely as per the National Medical Commission (NMC) (erstwhile MCI) recommended “Competency-based Medical Education (CBME) Curriculum”.
- The concerned competencies are mentioned with specific learning objectives in each chapter.
- The due emphasis and explanation are given for practical in clinical pharmacy, clinical pharmacology, experimental pharmacology and communication pharmacology based on NMC competency.
- Adequate number of graphs for experimental pharmacology; and clinical cases for exercises on prescription, criticism and adverse effects of drugs have been mentioned.
- In addition, a chapter is devoted to viva as “Glimpse of Viva-Voce” to acquaint the students about viva during practical examination and grand viva (table viva).

ISBN : 978-93-94792-20-3	Price : ₹ 300	Pages : 144	First Edition : 2021	Reprint : 2025
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## Pharmacology in Nutshell

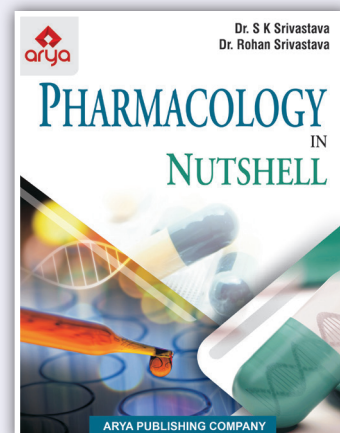
**S K Srivastava, Rohan Srivastava**

This book can be considered as a short textbook of 'Pharmacology for MBBS' and is aimed at reducing the burden of students.

**Salient features of the book are:**

- It covers a comprehensive and concise account of commonly used drugs relevant to MBBS students, along with their adverse reactions.
- The book is examination-oriented and user-friendly with the contents well organised, clarifying the basic concepts and generalisations for better understanding and explaining the mechanism in simple language.
- Important notes and facts, and reasoning commonly evaluated in examination have been mentioned throughout the text to highlight certain generalisations and key points, and also to prepare for the examination.
- The common medical emergencies and clinically relevant drug interactions have been described precisely.

ISBN : 978-81-7739-586-0	Price : ₹ 550	Pages : 432	First Edition : 2020	Reprint : 2022	Out of Stock
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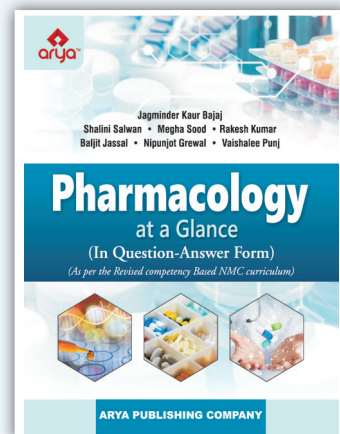
## Pharmacology at a Glance (In Question-Answer Form)

**Jagminder Kaur Bajaj, Shalini Salwan, Megha Sood, Rakesh Kumar, Baljit Jassal, Nipunot Grewal, Vaishalee Punj**

**Salient features of the book are:**

- It is strictly written as per the CBME curriculum.
- The book specifically caters to the needs of MBBS - Phase II students, in the era of competency-based medical education.
- This book includes clinical scenario-based multiple choice, subjective and reasoning questions covering all essential aspects of Pharmacology.
- Brief reasoning is provided with multiple choice questions to justify the answers. All the efforts have been directed to keep the content simple, comprehensible and perspicuous.

ISBN : 978-93-94792-99-9	Price : ₹ 495	Pages : 248	First Edition : 2023	Reprint : 2025
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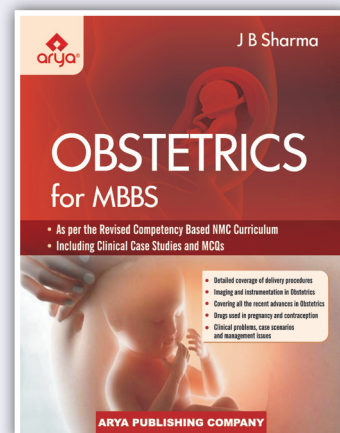
## Obstetrics for MBBS (Including Clinical Case Studies and MCQs)

**J B Sharma** Professor, Department of Obstetrics and Gynecology, AIIMS, New Delhi. MD, DNB, FRCOG (London), MFFP (London), FAMS, FICOG, FIMSA.

**Salient features of the book are:**

- Aligns with the latest National Medical Council curriculum, emphasizing concept-building and evidence-based learning with updated guidelines from major health organizations.
- Revised guidelines from WHO, CDC, ACOG, RCOG, Ministry of Health and Family Welfare (India), and Indian Council of Medical Research.
- Includes over 1000 figures, clinical pictures, flowcharts, and tables for enhanced understanding.
- Chapters feature key points for exam preparation, highlighting important details and tips for postgraduate entrance exams.
- Provides practical and operative details for students, residents, and practitioners, serving as a useful reference for postgraduate students, consultants, and obstetrical practitioners.

ISBN : 978-81-19336-48-7	Price : ₹ 1595	Pages : 720	First Edition : 2024
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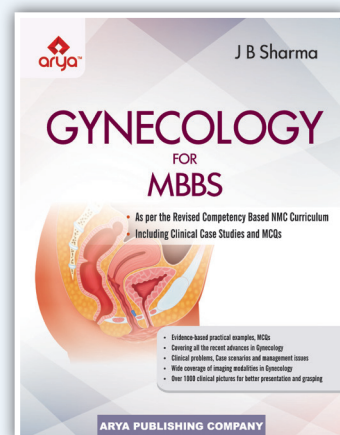
## Gynecology for MBBS (Including Clinical Case Studies and MCQs)

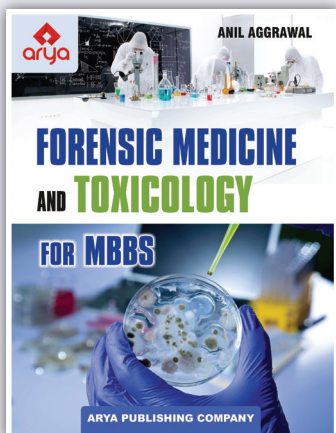
**J B Sharma**

**Salient features of the book are:**

- Focus on concept-building and evidence-based learning.
- Includes revised guidelines from WHO, CDC, ACOG, RCOG, Ministry of Health and Family Welfare (India), and Indian Council of Medical Research.
- Key points at the end of each chapter for quick review during exams; highlight important points, scientific names, and tips for postgraduate entrance exams.
- Separate chapter on gynecological instruments, specimens, diagnostic spots (drugs, x-rays, ultrasound), and laboratory tests for practical exam preparation.
- Useful for the postgraduate students, consultants, and gynecological practitioners for quick reference and case management.

ISBN : 978-81-19336-39-5	Price : ₹ 1395	Pages : 632	First Edition : 2024
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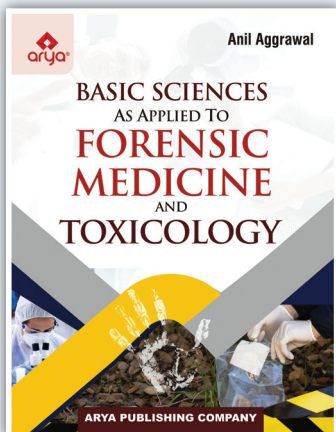
## Forensic Medicine and Toxicology for MBBS

**Anil Aggrawal** Former Director Professor, Deptt. of Forensic Medicine and Toxicology, Maulana Azad Medical College, New Delhi.

**Salient features of the book are:**

- Information is presented in a logical, systematic and clear manner.
- About 200 memory aids make memorisation quick and easy.
- Core principles of Forensic Medicine and Toxicology are explained in an examination-friendly style.
- Students desirous of additional knowledge may profitably read the author's **Textbook of Forensic Medicine and Toxicology** and **Essentials of Forensic Medicine and Toxicology**, which are much wider in scope.

ISBN : 978-93-9410-202-6	Price : ₹ 995	Pages : 720	First Edition : 2016	Reprint : 2024
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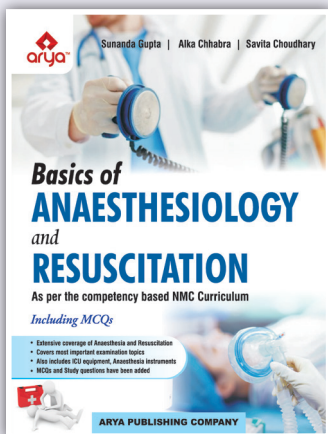
## Basic Sciences as Applied to Forensic Medicine and Toxicology

**Anil Aggrawal**

**Salient features of the book are:**

- First-ever book dealing with basic sciences as applied to forensic medicine and toxicology, written by a senior faculty member known for bestsellers such as "Textbook of Forensic Medicine Toxicology," "Injuries - Forensic and Medicolegal Aspects," and two volumes of "Clinical and Forensic Toxicology."
- Provides postgraduate students a one-stop solution for paper 1 questions, focusing on the Application of Basic Sciences to Forensic Medicine and Toxicology.
- Includes sample questions at the end of each chapter, and additional sample questions and answers with handmade diagrams by the author in the appendices.
- Actual case studies and legal cases at the end of many chapters show how basic science issues are raised in courts, such as forensic pathology, forensic microbiology, and forensic pharmacology.
- Explains only relevant parts of basic sciences important for FMT, such as inter-organ ammonia transport.

ISBN : 978-93-6059-086-4	Price : ₹ 1150	Pages : 320	First Edition : 2025
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## Basics of Anaesthesiology and Resuscitation (Including MCQs)

**Sunanda Gupta** MD, PhD, FAMS, FICA, FAOA, Emeritus Professor, Department of Anaesthesiology, Geetanjali Medical College, Udaipur, India.

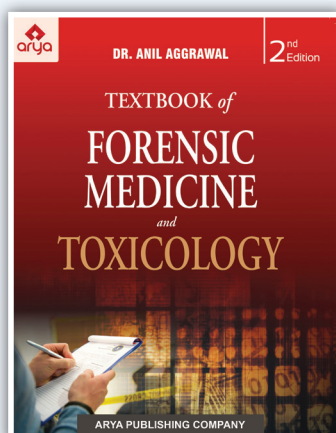
**Alka Chhabra** MD, DNB, MNAMS, FIPM, Professor and Head, Department of Anaesthesiology and Critical Care, Geetanjali Medical College, Udaipur, India.

**Savita Choudhary** MD, FIPM, ACME, MAMS, Professor, Department of Anaesthesiology, Geetanjali Medical College, Udaipur, India.

**Salient features of the book are:**

- Written for a competency-based curriculum, focusing on Anaesthesiology and Resuscitation skills for budding doctors.
- Divided into sections on General and Regional Anaesthesia, Emergencies, ICU care, fluid infusions, and blood transfusions, providing concise overviews of basic principles.
- Easy, simple language with supportive figures, tables, diagrams, and flowcharts.
- Covers practical aspects of Anaesthesiology and Resuscitation.
- Includes MCQs and study questions for self-assessment.

ISBN : 978-81-19336-17-3	Price : ₹ 300	Pages : 104	First Edition : 2023	Reprint : 2025
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## Textbook of Forensic Medicine and Toxicology (2nd Edition)

**Anil Aggrawal**

**Salient features of the book are:**

- This revised book, primarily written for students, presents information in a logical, systematic, clear and concise manner for better and easier understanding.
- Core principles of Forensic Medicine and Toxicology are explained to the overburdened undergraduate students in a simple and examination-friendly manner.
- This book is updated with Medicolegally Important Sections, Acts and Rules viz. Mental Health Care Act, 2017, Consumer Protection Act, 2019 and National Medical Commission Act, 2019.

ISBN : 978-93-9479-205-0	Price : ₹ 2500	Pages : 840	Second Edition : 2021	Reprint : 2024
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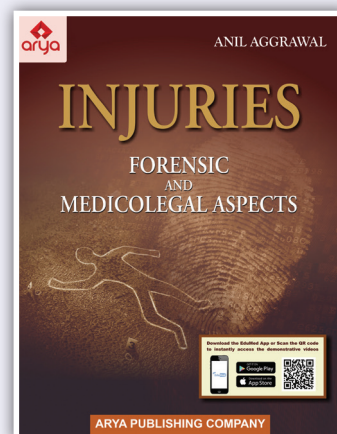
## Injuries—Forensic and Medicolegal Aspects

**Anil Aggrawal**

**Salient features of the book are:**

- All major Medicolegal Proformas are provided, which can be adopted by Medicolegal professionals.
- All major injuries dealt with, including the latest advances in the field.
- Practical points, tips, etc. are given which will help in dealing with day-to-day Medicolegal problems.
- Contains several memory aids and mnemonics to make it easy to remember key facts.
- Latest Supreme Court judgements and other judgements from around the world related to injuries are given.
- Life histories of 8 most famous experts in injury interpretation, with their major cases and how they solved them, should prove a major motivating factor for the youngster.
- ICD-10 codes for all legally relevant diseases and injuries, and how to fill them up in causes of death certificates, according to the latest WHO guidelines.

ISBN : 978-93-6059-531-9	Price : ₹ 3500	Pages : 856	First Edition : 2021	Reprint: 2024	Hardbound
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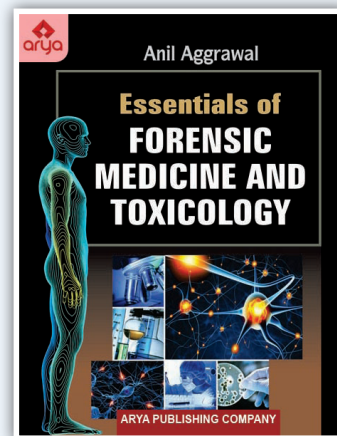
## Essentials of Forensic Medicine and Toxicology

**Anil Aggrawal**

**Salient features of the book are:**

- Simple language is an abridged version of the author's earlier book 'Textbook of Forensic Medicine and Toxicology'.
- Provides all the essential topics concisely to the overburdened students.
- The book contains around 200 mnemonics and memory aids.

ISBN : 978-81-7739-441-2	Price : ₹ 1295	Pages : 664	First Edition : 2014	Reprint : 2024
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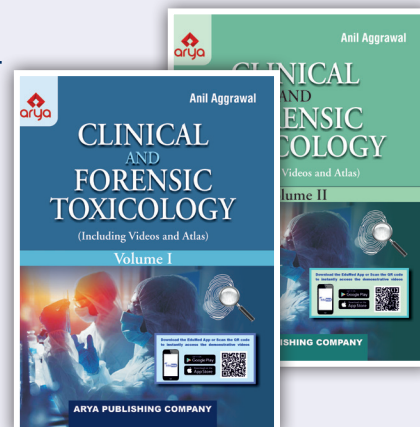
## Clinical and Forensic Toxicology (Set of 2 Volumes)

**Anil Aggrawal** has written the best-selling "Textbook of Forensic Medicine and Toxicology" [commonly called "The Red Book"], "Essentials of Forensic Medicine and Toxicology" ["The Black Book"] and "Textbook of Forensic Medicine and Toxicology for MBBS" ["The Blue Book"].

**Salient features of the book are:**

- The title of the book Clinical and Forensic Toxicology sums up the basic aim of the book which is to explain the core concepts regarding clinical and medicolegal aspects of poisoning.
- This book is a culmination of author's 45 years of experience in the field of clinical and forensic toxicology.
- This is the first toxicology book which provides movies of several clinical tests.
- This book contains a mini-atlas dedicated to identification of snakes.
- This book has a dedicated section on recent advances in the field of Forensic Toxicology.

ISBN : 978-93-9410-243-9 (Set)	Price : ₹ 5500 (Set of 2 Volumes)	Pages : 532 (Vol. I) 596 (Vol. II)	First Edition : 2022 Hardbound	Reprint : 2023
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## Textbook of Medicine for MBBS (4th Edition)

**S N Chugh** Ex. Senior Professor and Pro. Vice Chancellor, Pt. B.D. Sharma Postgraduate Institute of Medical Sciences, Rohtak, Haryana. He has a vast experience of 30 years in teaching and research.

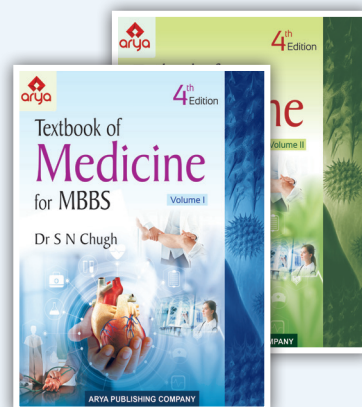
The book is in its fourth, revised and updated edition. It covers the complete MBBS course. The diseases prevalent in India have also been discussed in detail.

**Salient features of the book are:**

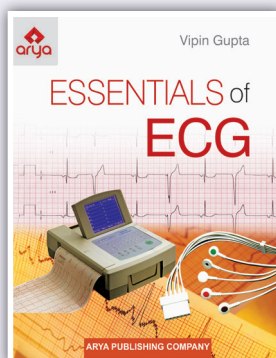
- New classifications/guidelines on various disorders.
- Recent advances and updated treatment protocol.
- Clear and self-explanatory clinical figures.
- Updated chapters with new tables and illustrations.
- Extensive revision of the chapter 'Endocrine Disorders'.
- Updated recommendations for prophylaxis against infections.
- Useful for the students appearing for PG entrance examination.

The book will update the practitioners and students about the subject and treatment protocol.

ISBN : 978-93-9410-232-3 (Set)	Price : ₹ 2500 (Set of 2 Volumes)	Pages : 768 (Vol. I) 704 (Vol. II)	Fourth Edition : 2019	Reprint : 2024
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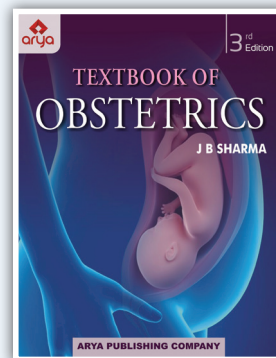
## Essentials of ECG

**Vipin Gupta** Ex-Resident, Pt. B.D. Sharma Postgraduate Institute of Medical Sciences, Rohtak, Haryana.

**Salient features of the book are:**

- Simple language covering all important ECG-related disorders based on physiological concepts, which helps to interpret ECG accurately.
- Notes/Important Notes cover important aspects for quick and easy understanding.
- Actual ECG illustrations have been furnished to help memorise and reproduce various aspects of ECG.
- The easiest method of calculation of QRS axis in day-to-day clinical practice has also been presented in the book.

ISBN : 978-81-7739-480-1	Price : ₹ 200	Pages : 120	First Edition : 2016	Reprint : 2024
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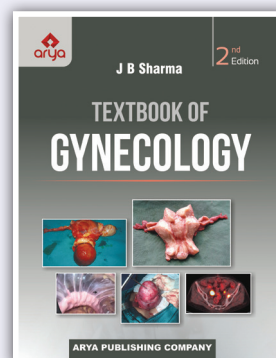
## Textbook of Obstetrics (3rd Edition)

**J B Sharma**

**Salient features of the book are:**

- Covers the new advances in the field of Obstetrics especially in diabetes, HIV and hypertension.
- Amended MTP Act has been incorporated.
- Separate chapters titled 'Imaging in Obstetrics' and 'Obstetric Instruments, Specimens, Drugs, Spots and Laboratory Tests' have been added for better performance in practical examinations.
- Another chapter titled 'Theory and Practical Examination in Obstetrics' includes sample papers, sample cases and marking patterns for undergraduate and postgraduate examinations.
- The evidence-based medicines and guidelines from prestigious institutions have also been incorporated.
- The book also contains around 800 clinical photographs, figures, tables, flowcharts, ultrasound and other imaging modalities.

ISBN : 978-93-9410-272-9	Price : ₹ 3450	Pages : 904	Third Edition : 2022	Reprint : 2025	Hardbound
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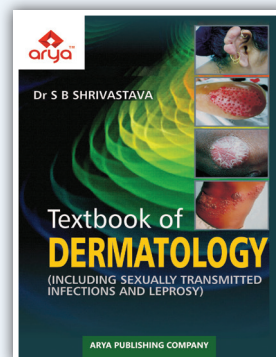
## Textbook of Gynecology (2nd Edition)

**J B Sharma**

**Salient features of the book are:**

- The second edition has been completely updated by incorporating all the latest developments and advances including computer reference standard and diagnostic algorithm in FGTB.
- Features the latest ASRM classification of uterine anomalies, FIGO AUB classification.
- Incorporates ESHRE guidelines for STI management and updated NACIO HIV Treatment Guidelines.
- Covers Straw Classification for Reproductive ageing, PCOS Act, WHO Classification of a anovulatory disorders, FIGO Staging of Cancer Vulva, ERAS, Uterine transplant, Covid 19 in Gynecology and Stem cell therapy.
- This book will be useful for undergraduate and postgraduate students of Obstetrics and Gynecology and other streams like Midwifery, Homeopathy, Ayurveda and for General Practitioners in their day-to-day practice.

ISBN : 978-93-9410-254-5	Price : ₹ 3150	Pages : 880	Second Edition : 2022	Reprint : 2025	Hardbound
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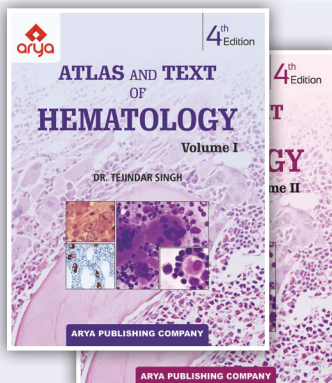
## Textbook of Dermatology

**S B Shrivastava** Consultant Dermatologist and Head, Department of Dermatology, Dr. Baba Saheb Ambedkar Hospital, Govt. of NCT of Delhi.

**Salient features of the book are:**

- Provides easy-to-read and uniformly structured information on dermatology, sexually-transmitted infections and leprosy to the students and medical practitioners of dermatology.
- Incorporates all the important aspects of dermatology ranging from basic cutaneous science to upcoming topics such as cosmetic dermatology and dermatosurgery.
- For a quick recap, the key features of diseases have been put under the definitions.
- All the common disorders are illustrated through high-quality 360+ colour photographs and amply supported by 130+ tables.

ISBN : 978-81-7739-400-9	Price : ₹ 550	Pages : 376	First Edition : 2013	Reprint : 2025
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## Atlas and Text of Hematology (Volumes I and II) (4th Edition)

**Tejinder Singh**

The book specialises in blood and bone marrow examination.

**Salient features of the book are:**

- More than 1,000 high-quality images and up-to-date text.
- Accelerates learning for trainees and practising pathologists.
- Highly informative pictures with cover nearly all hematological disorders.
- Relevant clinical information on etiology, risk factors, interventions and prognosis given in a concise manner helps in consolidating knowledge.
- Very useful for diagnostic pathologists and doctors practising Clinical Hematology, Paediatrics, Medicine and Oncology.

ISBN : 978-93-9410-286-6 (Set)	Price : ₹ 3500 (Set of 2 Volumes)	Pages : 336 (Vol. I) 296 (Vol. II)	Fourth Edition : 2018	Reprint : 2024
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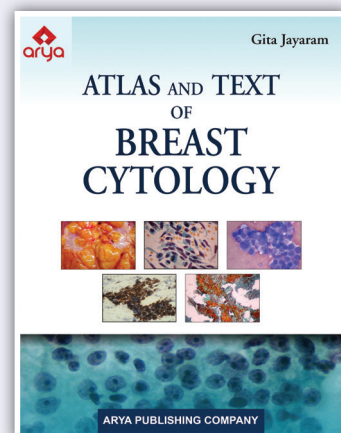
## Atlas and Text of Breast Cytology

**Gita Jayaram**

Salient features of the book are:

- This book demonstrates common and uncommon breast lesions encountered in fine needle cytology practice.
- It reflects the importance of close cooperation between clinicians and pathologists.
- Detailed accounts and quality illustrations of clinical and cytological features have been included.
- Emphasis has also been laid on perfection of the sampling and smear-preparing techniques.
- Ancillary tests like immunocytochemistry and molecular methods that can be done on the cytologic samples are also given due importance.

ISBN : 978-81-7855-873-8	Price : ₹ 750	Pages : 104	First Edition : 2021	Reprint : 2024
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## Mediscan Manual of Fetal Echocardiography (2nd Edition)

**Suresh Seshadri** Director at Mediscan Systems and Hony. Secretary (CEO) at the Govt. General Hospital, Chennai and Voluntary Health Services, Chennai.

**Indrani Suresh** Director, Mediscan Systems and heads the High-risk unit at Mediscan Systems, holds an MD degree from the Madras University.

**Shanthi Chidambaranathan** completed a fellowship in paediatric cardiology at the Westmead Children's Hospital, Australia and worked as a lead consultant in the Fetal Cardiology Unit of Mediscan.

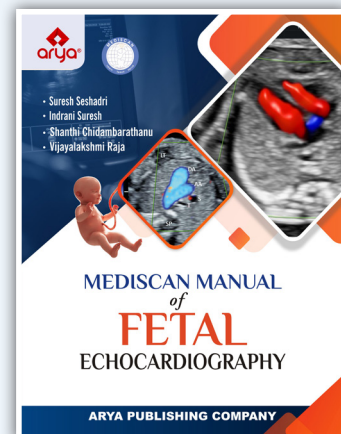
**Vijayalakshmi Raja** Senior Research Coordinator at Mediscan, graduated from Queen Mary's College in Chennai. She has described "Premaxillary Triangle sign" for diagnosis of fetal cleft palate.

It is the first training manual released under the series of manuals for Obstetric & Gynecological ultrasound to understand the essential steps in Fetal echocardiography.

Salient features of the book are:

- The book has been divided into screening examination of the heart and extended echocardiography.
- Practical techniques have been included to aid both beginners and the ones who want to enhance their skills further.
- The perinatal autopsy images for a better understanding of the ultrasound image have been included wherever possible.
- A comprehensive atlas including the most common congenital heart defects has been provided which gives a multidisciplinary approach to fetal cardiac anomalies.

ISBN : 978-93-6059-756-6	Price : ₹ 2500	Pages : 240	Second Edition : 2025
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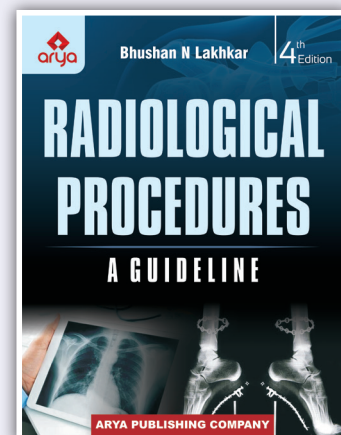
## Radiological Procedures—A Guideline (4th Edition)

**Bhushan N Lakhkar** Director and Professor, Department of Radiodiagnosis and Imaging, Jawaharlal Nehru Medical College, Sawangi (Meghe), Wardha, Maharashtra. He is a well-known teacher of Radiodiagnosis with over 35 years of teaching experience in various institutions in India and abroad.

Salient features of the book are:

- This book has been introduced for first year residents to enable them to perform radiological procedures with confidence.
- Radiographers will find it useful not only for their examinations but also in their day-to-day life.

ISBN : 978-93-9410-225-5	Price : ₹ 425	Pages : 352	Fourth Edition : 2022	Reprint : 2025
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## Concise Radiology for Undergraduates (2nd Edition)

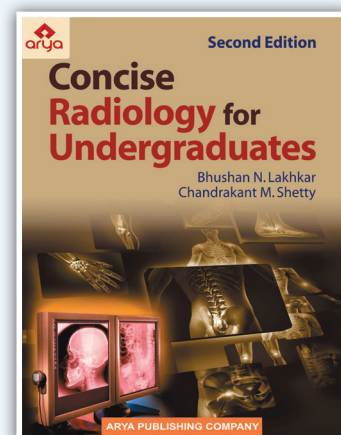
**Bhushan N Lakhkar**

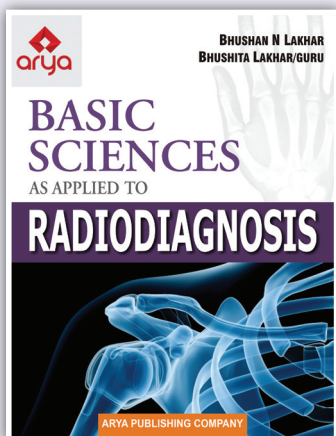
**Chandrakant M Shetty** Professor, Department of Radiodiagnosis and Imaging, Kasturba Medical College, Manipal, Karnataka.

Salient features of the book are:

- This book has been written in simple language to provide an easy understanding of the complexities in the ever-growing field of radiology for undergraduates.
- All the topics covered are generally asked in clinical postings and MBBS examinations.
- Various common entities have been presented along with line diagrams and multi-modality images.
- Multiple Choice Questions (MCQs) have also been added after each chapter.

ISBN : 978-81-8296-478-5	Price : ₹ 400	Pages : 152	Second Edition : 2015	Reprint : 2024
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## Basic Sciences as Applied to Radiodiagnosis

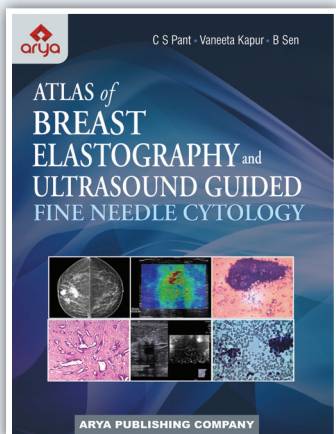
**Bhushan N Lakhkar**

**Bhushita Lakhkar/Guru** Associate Professor, Department of Radiodiagnosis, Jawaharlal Nehru Medical College, Sawangi (Meghe), Wardha, Maharashtra.

### Salient features of the book are:

- This book is intended to provide an introductory background to basic sciences.
- It is a one-stop resource covering the principles of basic sciences required by the radiology residents. This is ideally suited for medical students during their transition from UG to residency in radiology.
- It provides a solid foundation for acquiring more detailed knowledge and a deeper understanding of the subject. It is easy to read, yet comprehensive.

ISBN : 978-81-7855-889-9	Price : ₹ 750	Pages : 464	First Edition : 2021	Reprint : 2024
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## Atlas of Breast Elastography and Ultrasound Guided Fine Needle Cytology

**Dr. Col. (Retd) C S Pant** has pioneered breast imaging in India and established the first dedicated and integrated early breast cancer detection center in India.

**Vaneeta Kapur** is an alumnus of the prestigious Lady Hardinge Medical College, Delhi and an MD from Delhi University. She has been actively engaged in the field of breast practice for almost two decades.

**Biswajit Sen** is an alumnus of Calcutta National Medical College, MD from the prestigious Post Graduate Institute of Medical Education & Research, Chandigarh and a Life Member of the Indian Association of Pathologists and Microbiologists.

### Salient features of the book are:

- The aim of bringing out this breast imaging book is two-fold. Firstly, to emphasise the role of Elastography in a dedicated practice; and secondly, the role of a judiciously performed ultrasound-guided FNAC by an experienced cytopathologist.
- Elastography as a tool in the diagnostic armamentarium of breast lesions has both been very exciting and a revelation.
- Ultrasound is widely available as an imaging modality in every nook and cranny of our vast country.
- Ultrasound-guided breast biopsy remains the gold standard for both diagnosing malignant breast disease and providing histocompatibility markers.

ISBN : 978-93-9410-237-8	Price : ₹ 3500	Pages : 488	First Edition : 2022	Reprint : 2023	Hardbound
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# Books for BDS



## Complete Human Anatomy for Dental Students

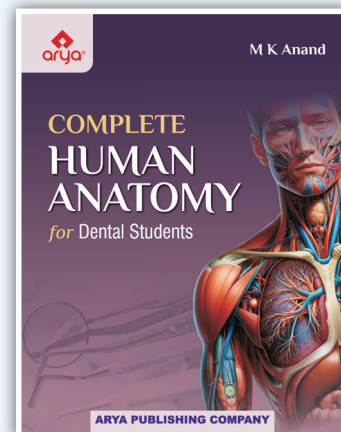
(Including Short Questions-Answers)

**Mahindra Kumar Anand**

Salient features of the book are:

- Comprehensive and up-to-date textbook of human anatomy for BDS students, written in clear and concise language.
- Outcome-based format aligns with current integrated, competency-based dental education, emphasizing problem-solving skills and clinical correlations.
- Covers general anatomy, gross anatomy of the head and neck, histology, embryology, neuroanatomy, thorax, limbs, abdomen, and pelvis, with numerous simple and reproducible diagrams.
- Includes a unique section on osteology and radiological anatomy, designed to provide basic clinical knowledge and anatomical correlation.
- Each section includes relevant clinical correlations to enhance understanding and application.

ISBN : 978-93-6059-055-0	Price : ₹ 995	Pages : 752	First Edition : 2024
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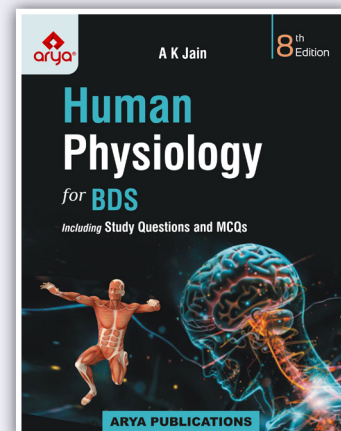
## Human Physiology for BDS (8th Edition)

**A K Jain**

Salient features of the book are:

- The entire text, including figures, has been thoroughly revised and updated across all topics.
- Must-know areas and competencies have been added to guide students effectively.
- New and recent concepts have been incorporated, simplified, and clearly presented.
- More study questions, coloured figures, flowcharts, and tables have been included to make the text easier to read and follow.
- Study questions have been modified to align with the requirements of the new Graduate Medical Education Regulations of the Dental Council of India (DCI).

ISBN : 978-93-6059-731-3	Price : ₹ 1350	Pages : 600	Eighth Edition : 2025
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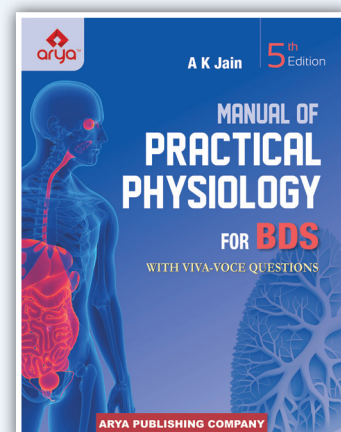
## Manual of Practical Physiology for BDS (5th Edition)

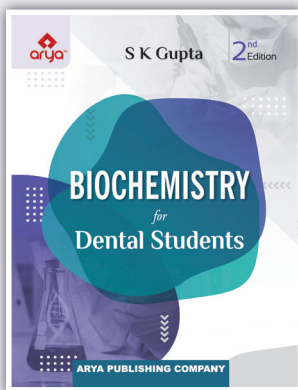
**A K Jain**

Salient features of the book are:

- In line with the curriculum policy of the Dental Council of India for BDS students.
- Provides learning through cause-effect relationship.
- Encourages logical and analytical thinking in understanding physiology experiments.
- Furnishes working steps in an extremely simplified manner.
- Labelled diagram and graphs, important viva-voce questions appended.
- Study notes are given separately.

ISBN : 978-81-960690-2-5	Price : ₹ 495	Pages : 224	Fifth Edition : 2023	Reprint : 2025
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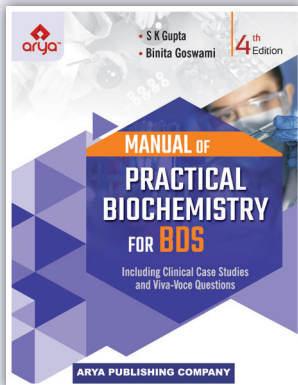
## Biochemistry for Dental Students (2nd Edition)

**S K Gupta**

Salient features of the book are:

- The book discusses sequentially the core areas of biochemistry such as metabolism, enzymes, nutrition, endocrinology, free radicals, antioxidants, etc.
- New areas such as cancer, molecular genetics, genetic engineering and molecular immunology have also been given due emphasis.
- Adequate coloured diagrams, tables and flowcharts have been added for clear visualisation and understanding.
- Boxes labelled 'Clinical Focus' have been highlighted to present the clinical aspects arising from basic medical biochemistry.
- Efforts has been made to make the book attractive and student-friendly without compromising on the core subject.

ISBN : 978-81-19336-07-4	Price : ₹ 750	Pages : 336	Second Edition : 2023	Reprint : 2025
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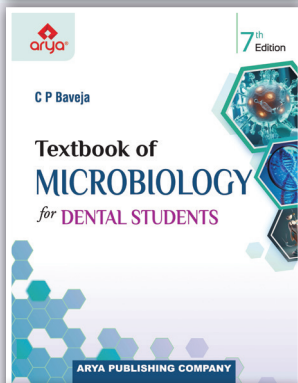
## Manual of Practical Biochemistry for BDS (4th Edition)

**S K Gupta, Binita Goswami**

Salient features of the book are:

- The book has been written to provide a concise, comprehensive and easily understandable course material on Practical Biochemistry.
- It also aims to give a good exposure to the various aspects of biochemistry and the role of clinical biochemistry in patient care.
- Each experiment gives clear, easy-to-follow procedures and calculations. Interpretations are discussed in the form of questions and answers.
- This manual itself can be used as a practical notebook.

ISBN : 978-93-94792-89-0	Price : ₹ 395	Pages : 144	Fourth Edition : 2023	Reprint : 2025
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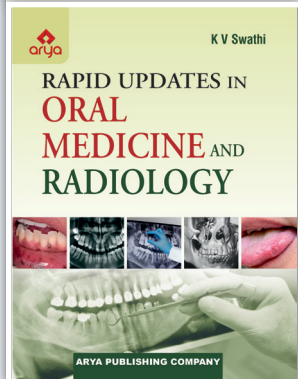
## Textbook of Microbiology for Dental Students (7th Edition)

**C P Baveja**

Salient features of the book are:

- The book has been written as per the prescribed syllabus for BDS students by the Dental Council of India (DCI)
- The text is presented in a simple and lucid manner.
- 'Healthcare-Associated Infections' have been included to understand the infections associated with patient care.
- 'Essentials of Microbiology at Glance' has been incorporated to recapitulate the important aspects of Microbiology in no time.
- 'Key Points' have been included at the end of each chapter for easy and quick recapitulation.
- Study questions related to each chapter have been included.

ISBN : 978-93-9479-233-3	Price : ₹ 850	Pages : 416	Seventh Edition : 2023	Reprint with modifications : 2024
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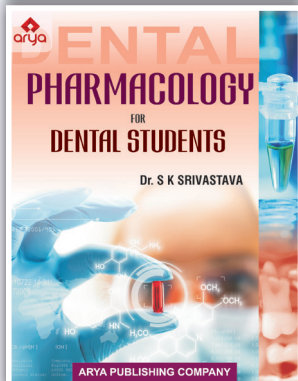
## Rapid Updates in Oral Medicine and Radiology

**K V Swathi** is a Lecturer in the Department of Oral Medicine and Radiology, SRM Dental College, Ramapuram, Chennai. She has completed both BDS and MDS from Saveetha Dental College, Chennai.

Salient features of the book are:

- It is a handy reference book in Oral Medicine and Radiology and aims to help both undergraduate and postgraduate students.
- The concepts of this book have been made very concise, to the point and presented in a Q & A format with lots of illustrations.
- This book includes a separate unit on various systems of the human body which is a major part of the emerging special care dentistry for knowledge.

ISBN : 978-93-9410-242-2	Price : ₹ 650	Pages : 224	First Edition : 2022	Reprint : 2024
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## Pharmacology for Dental Students

**S K Srivastava**

Salient features of the book are:

- The book includes a description of a few drugs used in dentistry — anti-inflammatory, styptics, antimicrobials, antiseptics, etc., and some local anaesthetics and other groups of drugs.
- The basic concepts have been clarified in each chapter with generalisations for better understanding.
- The clinical uses for dental conditions have been clearly mentioned wherever applicable.
- It is written for BDS students as per DCI regulations on undergraduate teaching.

ISBN : 978-81-7739-565-5	Price : ₹ 495	Pages : 552	First Edition : 2019	Reprint : 2024
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## Textbook of Clinical Medicine for Dental Students (5th Edition)

**S N Chugh**

**Anshul Chugh** Associate Professor in Prosthodontics, Government Medical Dental College, Rohtak, Haryana.

**Salient features of the book are:**

- The book is revised and updated as per the course prescribed by the Dental Council of India.
- It has a comprehensive text on the subjects which are considered merely symptoms or signs of various diseases.
- Appendices contain information on Biochemical values, WHO immunisation schedule and several other relevant subjects.

ISBN : 978-93-9479-222-7	Price : ₹ 1195	Pages : 656	Fifth Edition : 2019	Reprint : 2024
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## Textbook of Preventive Dentistry and Dental Statistics

**Pankaj Goel** Principal, Government Dental Institute, RIMS, Ranchi. He has been associated with teaching and research in Preventive Dentistry at graduate and postgraduate levels and has been associated with various research projects at WHO, VHAI, etc.

**Salient features of the book are:**

- This comprehensive textbook fills the gap of a defined knowledge of Preventive Dentistry.
- It includes an in-depth discussion of Dental statistics for understanding disease causation, dynamics of transmission, identification of risk factors, availability of diagnosis, etc.
- Emerging topics like AYUSH, tele-dentistry and National Laws on Dentistry have been discussed.
- Detailed pictures and diagrams to simplify information, have been included.

ISBN : 978-81-7739-574-7	Price : ₹ 795	Pages : 328	First Edition : 2019	Reprint : 2023
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## Textbook of Endodontics

**Aishwarya Kaushik** An alumnus of Maulana Azad Institute of Dental Sciences (MAIDS), New Delhi, is presently working as a Senior Research Associate at MAIDS. He achieved All India Rank AIR-5 in AIPG (MDS), 2011 and Rank-1 in Delhi State Post Graduate (DPG) MDS, 2011 competitive exams. He also has various national and international publications to his credit.

**Salient features of the book are:**

- This book covers all the topics, for various competitive exams (NEET, AIIMS, PGI, foreign boards, etc.) in a comprehensive manner.
- Author's endeavour is to enhance clinical knowledge and to make it easy to comprehend the subject.
- Concept clarity is as given in live lectures and demonstrations.

ISBN : 978-81-7739-593-8	Price : ₹ 750	Pages : 376	First Edition : 2020	Reprint : 2023
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## Practical Pathology, Microbiology and Pharmacology (Dental Students) (3rd Edition)

**Tejinder Singh, K Uma Chaturvedi, C P Baveja**

**Deep Inder** Professor and Head, Department of Pharmacology, Faculty of Dentistry, Jamia Millia Islamia, New Delhi.

**Salient features of the book are:**

- A complete book for practicals in three subjects: Pathology, Microbiology and Pharmacology.
- All the diagnostic procedures are explained in step by step manner so that the student may perform practicals independently.

ISBN : 978-81-7855-849-3	Price : ₹ 650	Pages : 280	Third Edition : 2019	Reprint : 2024
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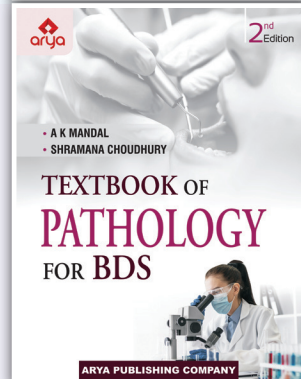
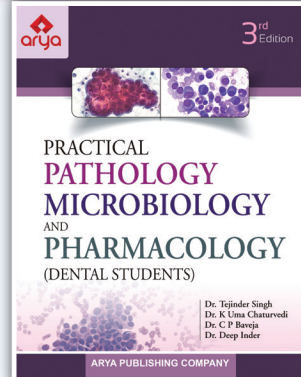
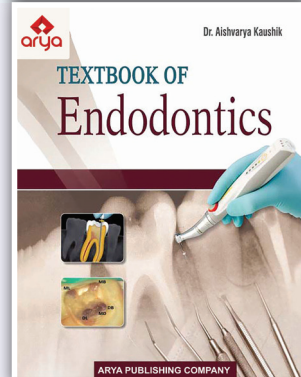
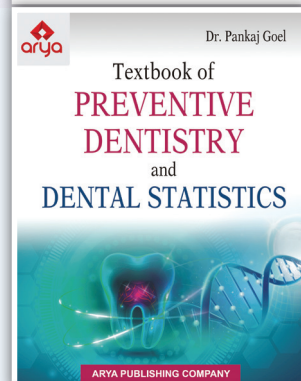
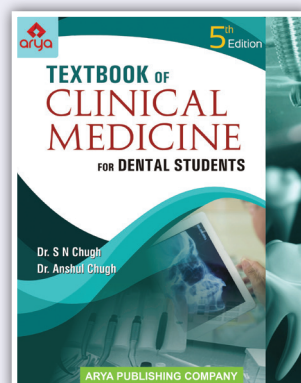
## Textbook of Pathology for BDS (2nd Edition)

**A K Mandal, Shramana Choudhury**

**Salient features of the book are:**

- The book is strictly as per the new syllabus of the Dental Medical Council.
- The book is extremely student-friendly and has been written in simple and easy-to-understand language.
- The flow diagrams are for quick revision and understanding.
- List of important questions has been given at the end of each chapter.

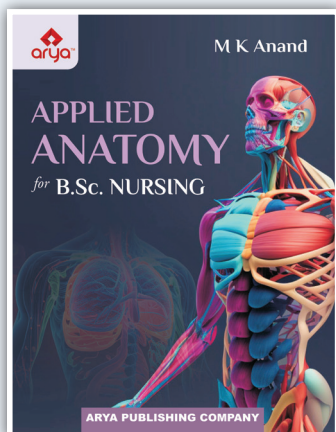
ISBN : 978-93-9410-284-2	Price : ₹ 695	Pages : 248	Second Edition : 2022	Reprint : 2024
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# Books for Nursing



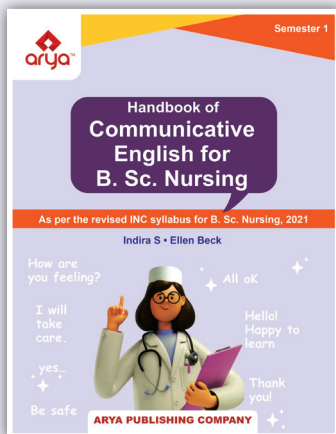
## Applied Anatomy for B. Sc. Nursing

**M K Anand**

The first edition of **Applied Anatomy for B.Sc. Nursing** has been written strictly according to the competency-based undergraduate new curriculum policy of the National Medical Commission.

**Salient features of the book are:** • Clinical correlations have been included at the end of each chapter to provide relevance to the anatomical science with respect to clinical diagnosis and treatment for the nursing students. • All relevant subject content of human anatomy for nursing students have been included such as from anatomy of tissues to organs and then to different systems of the body. • Illustrated clinical diagrams are added to provide a better understanding in the chapters of the lymphatic system, skeleton system, muscular system, bones, special senses, etc. • Clinical relevance is designed to stimulate the students to apply subject knowledge to correlate signs and symptoms, with the anatomy of the given body part. • New advances and modern concepts have been simplified and presented.

ISBN : 978-81-960690-1-8	Price : ₹ 695	Pages : 368	First Edition : 2023	Reprint : 2025
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## Handbook of Communicative English for B.Sc. Nursing (Semester 1)

**Indira S, Ellen Beck**

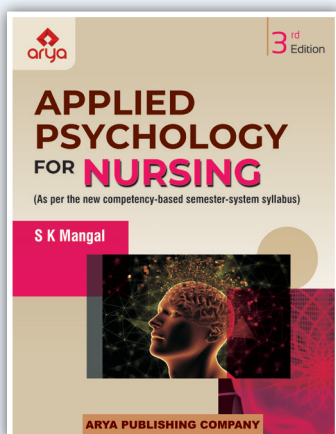
The Handbook of Communicative English for B.Sc. Nursing has been written strictly as per the new competency-based semester system syllabus prescribed by the Nursing Council of India.

This book is the new go-to-guide for all budding nurses. Ditching all the standard practices of burdening one with theories, we have to provide them with a hands-on learning experience by focusing more on practical examples. This handbook simplifies the LSRGW exercises and trains nurses how to ace them with ease.

**Here are some of the most exciting features of the current edition:**

• Balance of theory and practice. • Focus on LSRGW skills. • Graphics and comics to engage learners. • In text exercises and learning modules. • Worksheets and test papers for comprehensive assessments. • New and improved design for optimal learning.

ISBN : 978-93-9479-236-4	Price : ₹ 250	Pages : 144	First Edition : 2023
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## Applied Psychology for Nursing (3rd Edition)

**S K Mangal** Ph.D, Retired Principal, Professor and Head, Postgraduate Department, C.R. College of Education, Rohtak. He has been actively associated with writing in the field of education and psychology for more than three decades.

**Salient features of the book are:**

This new edition of **Applied Psychology for Nursing** has been written strictly as per the new competency-based semester system syllabus prescribed by the Nursing Council of India.

• Cogent and coherent style of writing. • Highly engaging text interspersed with examples, illustrations, tables, charts and practical implications. • Relevant implications of all important psychological concepts to nurses have been explained in each chapter. • Summary and assessment questions (essay and short answer type) have been provided at the end of each chapter.

ISBN : 978-93-9410-261-3	Price : ₹ 550	Pages : 328	Third Edition : 2022	Reprint : 2025
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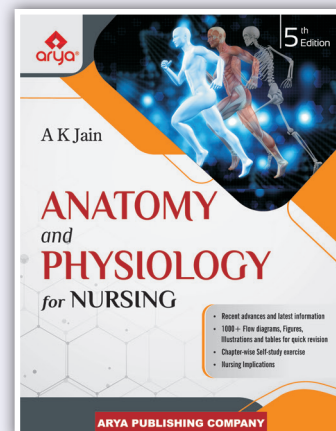
## Anatomy and Physiology for Nursing (5th Edition)

**A K Jain**

Salient features of the book are:

- As per the revised norms laid down by the Nursing Council of India for B. Sc. (Hons.) nursing students.
- Provides basic concepts and elementary principles for a thorough understanding of the human body.
- Text presented in multicolour.
- Study questions incorporated.

ISBN : 978-81-19336-85-2	Price : ₹ 695	Pages : 344	Fifth Edition : 2024
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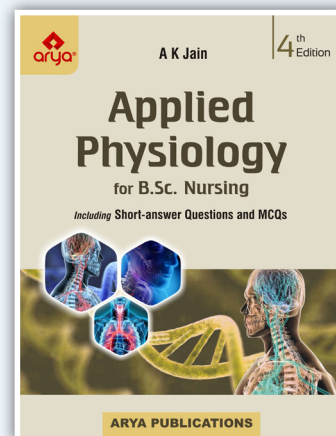
## Applied Physiology for B.Sc. Nursing [Including Short-answer Questions MCQs] (4th Edition)

**A K Jain**

This new edition of Applied Physiology for B.Sc. Nursing has been meticulously written in accordance with the latest syllabus prescribed by the Nursing Council of India for nursing students. I have made every effort to ensure that the information contained within is comprehensive and accurate in all respects. The key features of this edition include:

- The entire text has been thoroughly revised and updated.
- Competencies—must-know areas—have been incorporated.
- Numerous clinical images have been added to facilitate better understanding.
- The applications and implications in nursing practice are highlighted separately at the end of each chapter.
- The book features self-explanatory tables, concise short-answer questions, and clear, illustrative figures.

ISBN : 978-93-6059-218-9	Price : ₹ 650	Pages : 320	Fourth Edition : 2025
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## Nursing Informatics and Technology (Computer for Nursing) (2nd Edition)

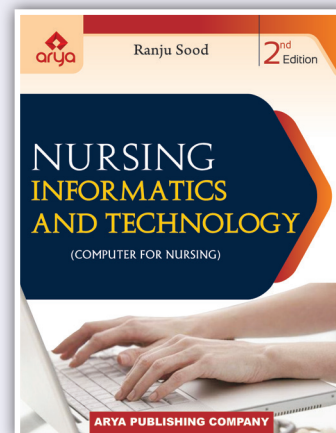
**Ranju Sood** B.Sc. Computer Science: Delhi University, M.Sc. Computer Science: Gold medalist from Banasthli Vidhyapeeth, Rajasthan. B.Ed. M.Ed., 20 years of teaching experience in Computer Science.

This book has been written keeping in mind future need to operate the latest software and hardware at hospitals for efficient work handling. It is a tutorial which will help the individuals pursue a career in nursing, and benefit those who would like to have the know-how of computers and frequently used software.

Salient features of the book are:

- This book is written as per new competency-based semester system syllabus prescribed by the Nursing Council of India.
- The book has been written according to the features of Windows 7 OS and MS Office 2010.
- It is written as per the syllabus prescribed by the Indian Nursing Council.
- The language used is simple and easy to understand. No prior knowledge of computers is required.

ISBN : 978-93-9410-282-8	Price : ₹ 350	Pages : 168	Second Edition : 2023	Reprint : 2024
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## Applied Anatomy for B.Sc. Nursing [Including MCQs] (2nd Edition)

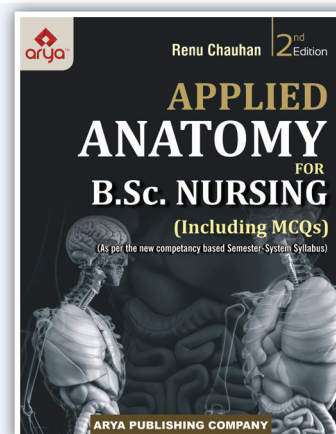
**Renu Chauhan**

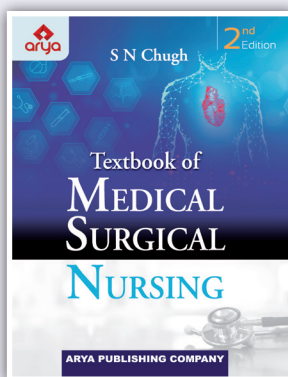
The present book **Applied Anatomy for B.Sc. Nursing** is a competency-based book and has been prepared in accordance to the curriculum prescribed by the Indian Nursing Council.

Salient features of the book are:

- Book has been written in a simple and lucid English language which is easy to understand.
- Includes content on Surface Anatomy and Anatomical position of various bones.
- Illustrations are well-labelled and clearly explain the text to make the concept crystal clear.
- For practice of students, multiple choice questions, fill in the blanks and short answer questions have been given at the end of each chapter.
- The book is for the use of nursing students, teachers, serving nurses and students of Allied Health Sciences.

ISBN : 978-93-9410-255-2	Price : ₹ 695	Pages : 320	Second Edition : 2022	Reprint : 2023
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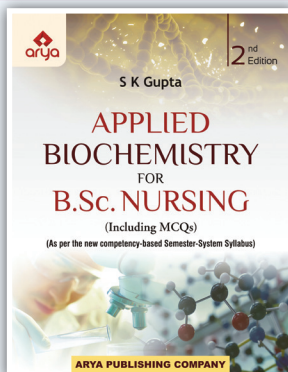
## Textbook of Medical Surgical Nursing (2nd Edition)

**S N Chugh**

**Salient features of the book are:**

- This book has been written in a simple and easily understandable language according to the prescribed syllabus by the Nursing Council of India.
- The book has 25 units and each unit has been illustrated and written in brief to make the subject understandable to nursing students.
- The nursing processes, diagnosis and management have been discussed with each topic.
- The role of the nurse and nursing responsibilities have been highlighted along with the treatments. The nursing plans for various diseases, surgery, post-surgery, diagnostic procedures, etc. have been discussed with nursing assessment and nursing diagnosis.
- This book will cater to the needs of students and help them understand the subject easily.

ISBN : 978-93-94102-76-7	Price : ₹ 1395	Pages : 856	Second Edition : 2021	Reprint : 2022
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## Applied Biochemistry for B.Sc. Nursing [Including MCQs] (2nd Edition)

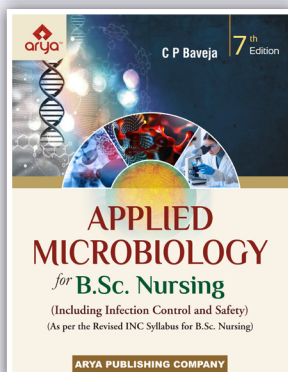
**S K Gupta**

This new edition of Applied Biochemistry for B. Sc. Nursing has been written strictly as per the new competency-based semester system syllabus prescribed by the Nursing Council of India.

**Salient features of the book are:**

- The subject matter in each chapter has been organised to help in concept building and easy understanding. To achieve this, some basic information is given in some chapters such as a metabolism of carbohydrates, proteins, lipids, etc.
- Large number of flow diagrams, figures and tables have been added for illustration and easy comprehension of the subject.
- Clinical relevance of the basic biochemical aspects is also highlighted as coloured boxes titles clinical focus in various chapters. This reinforces the use of basic subject knowledge in patient care.

ISBN : 978-93-9479-224-1	Price : ₹ 350	Pages : 200	Second Edition : 2023	Reprint : 2024
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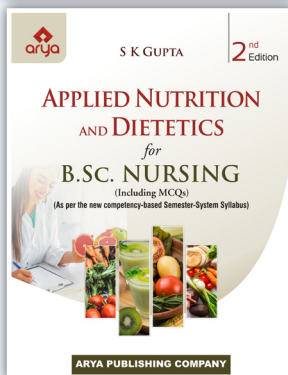
## Applied Microbiology for B.Sc. Nursing (7th Edition)

**C P Baveja**

**Salient features of the book are:**

- The text is user-friendly and easy to understand.
- Real colour plates and diagrams have been incorporated at appropriate places.
- The textbook has been thoroughly revised as per the Indian Nursing Council syllabus.
- A new unit of Hospital Infection Control and Safety has been incorporated.
- Multiple Choice Questions (MCQs) have been added for a better and in-depth understanding of the subject.)

ISBN : 978-93-9479-279-1	Price : ₹ 695	Pages : 340	Seventh Edition : 2023	Reprint : 2025
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## Applied Nutrition and Dietetics for B.Sc. Nursing [Including MCQs] (2nd Edition)

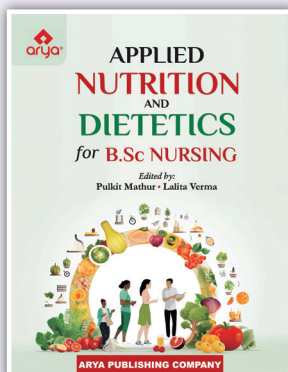
**S K Gupta**

This new edition of Applied Nutrition and Dietetics for B.Sc. Nursing has been written strictly as per the new competency-based semester system syllabus prescribed by the Nursing Council of India.

**Salient features of the book are:**

- The subject matter in each chapter has been organised to help in concept building and easy remembrance.
- The course material is organised and presented in a point-wise manner for easy remembrance and recapitulation.
- Large number of flow diagrams, figures, tables have been added for illustration and easy comprehension of the subject.
- Clinical relevance of the basic nutritional aspects is also highlighted as coloured boxes titles clinical focus in various chapters. This reinforces the use of basic subject knowledge in patient care.

ISBN : 978-93-9479-227-2	Price : ₹ 450	Pages : 216	Second Edition : 2023
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## Applied Nutrition and Dietetics for B.Sc. Nursing

**Editors: Prof. Pulkit Mathur** MSc, PhD, Food and Nutrition, University of Delhi.

**Prof. Lalita Verma** MSc, Food and Nutrition, Saurashtra University, Gujarat. PhD from Delhi University.

**Salient features of the book are:**

- This textbook simplifies the core concepts of nutrition science and is specifically tailored for nursing students.
- It recognizes the vital role of nutrition in healthcare, which is crucial for nursing practice.
- It offers a thorough exploration of syllabus topics with up-to-date information.
- Each chapter underscores the significance of nurses in addressing nutritional challenges alongside experts.
- This book is designed for easy comprehension and includes revision questions with answers clear definitions, and visually engaging contents.

ISBN : 978-93-6059-169-4	Price : ₹ 450	Pages : 224	First Edition : 2024
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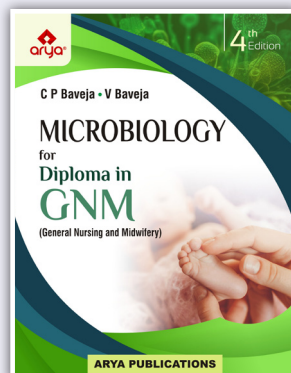
## Microbiology for Diploma in GNM (General Nursing and Midwifery) (4th Edition)

**C P Baveja, V Baveja**

**Salient features of the book are:**

- The text is user-friendly and easy to understand
- Real colour plates and diagrams have been incorporated at appropriate places.
- The textbook has been updated with recent advances.
- Chapters on "Healthcare Associated Infection" and "Biomedical Waste Management" have been revised as per the latest guidelines.
- Key points have been included at the end of each chapter for easy and quick recapitulation.
- Multiple Choice Questions (MCQs) have been added for better and in-depth understanding of the subject.

ISBN : 978-93-6059-028-4	Price : ₹ 275	Pages : 72	Fourth Edition : 2022	Reprint : 2024
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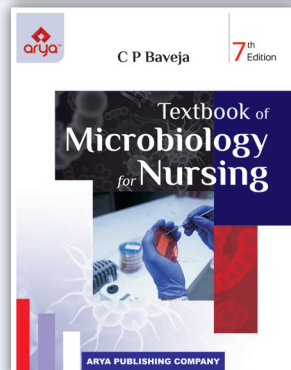
## Textbook of Microbiology for Nursing (7th Edition)

**C P Baveja**

**Salient features of the book are:**

- This book has been written as per the requirements of B.Sc. Nursing students.
- Parasitology with easy to understand life cycles alongwith 'Flow diagram of text' has been added.
- A chapter on 'Practical Microbiology' has been added so that various microbiology techniques can be performed independently by the students.

ISBN : 978-93-9479-292-0	Price : ₹ 595	Pages : 304	Seventh Edition : 2023	Reprint : 2025
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## Applied Pathology for B.Sc. Nursing (2nd Edition) (Semesters III and IV)

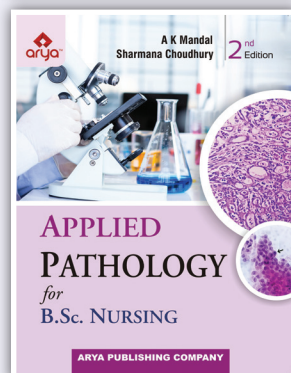
**A K Mandal, Shramana Choudhury**

The new edition of **Applied Pathology for B.Sc. Nursing** has been written as per the new competency-based semester system as prescribed by Nursing Council of India.

**Salient features of the book are:**

- Complete and consolidated book of Pathology, Clinical Pathology for B.Sc. nursing students.
- Language has been written in simple and lucid style.
- Difficult and important topics have been summarised at the end of each chapter.
- Clinical pictures and diagrams have been added for better understanding.

ISBN : 978-81-1933-626-5	Price : ₹ 595	Pages : 264	Second Edition : 2023	Reprint : 2025
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## Community Health Nursing

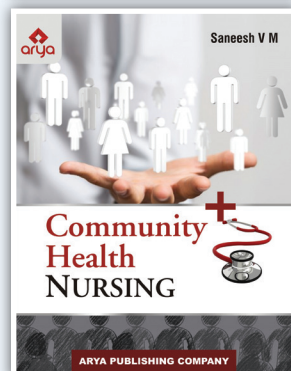
**Saneesh V M** is presently working as a Principal at Hillary Clinton Nursing School, Saharanpur, Uttar Pradesh, India. He completed his MSc Nursing (Community Health Nursing) in the year 2019 and has published many articles in the National/International Nursing journals. He has over 15 years of teaching experience in different nursing schools and colleges.

**Salient features of the book are:**

- An exclusive book on community health nursing, which contains all the aspects of the subject comprehensively and can be followed by many study groups (ANM, GNM and B.Sc. Nursing students).
- Updated with new information like different policies and programs which are rarely available in other books.
- This book has been organised as per the Indian Nursing Council syllabus.
- All categories of nursing professionals and nursing students will benefit by knowing, what is happening in the community and how the field functionaries are working to achieve the targets fixed by the government of India.

This book is not only theory-oriented but also deals with all the aspects of practical knowledge.

ISBN : 978-81-8296-797-7	Price : ₹ 450	Pages : 280	First Edition : 2022
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## Midwifery Case Book—A Practical Record Book (Hardbound)

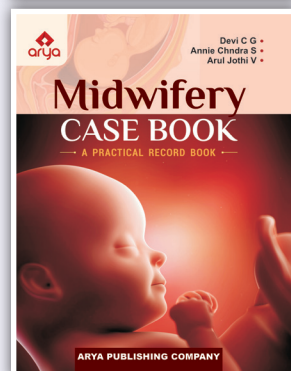
**Devi C G, Annie Chandra S and Arul Jothi V** Faculty at Hind Institute of Medical Sciences, Sitapur (Uttar Pradesh).

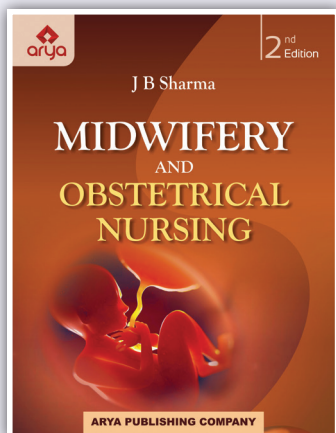
The book "Midwifery Case Book" has been made for the Obstetrical and Gynecological nursing requirement of nursing students, covered the requirement in accordance with the recommendations of Indian Nursing Council. The book aims at presenting clear and to the point information in the clinical area to shape up their career.

**Salient features of the book are:**

- Prepared as per INC Syllabus of OBG Curriculum requirement in the field of Nursing.
- This record book helps to monitor and assess the students clinical performances.
- It helps the tutors to mould their practice.
- Revolves around the systematic learning of clinical skills.
- Helps students to gain confidence for practical examination.

ISBN : 978-93-94102-17-0	Price : ₹ 495	Pages : 240	First Edition : 2022	Reprint : 2023
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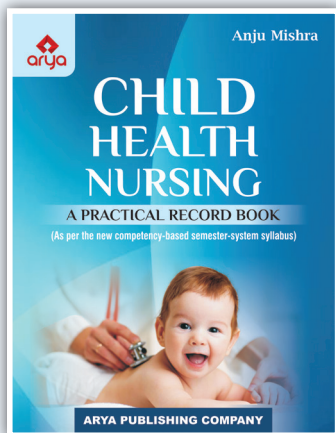
## Midwifery and Obstetrical Nursing [With Latest MTP Act 2021] (2nd Edition)

**J B Sharma**

**Salient features of the book are:**

- This second edition has been thoroughly revised and updated taking into consideration all the latest developments.
- The book has been systematically divided into 13 units as per the prescribed syllabus of Midwifery and Obstetrical Nursing with detailed (unit 13) on "Obstetric Instruments, Specimens, Drugs, Spots and Laboratory Tests including Theory and Practical Examinations".
- The book contains many tables, clinical photographs, figures, flowcharts and other imaging modalities for better understanding and concept-building.

ISBN : 978-93-9479-226-5	Price : ₹ 1195	Pages : 664	Second Edition : 2023	Reprint : 2025
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## Child Health Nursing—A Practical Record Book (Hardbound)

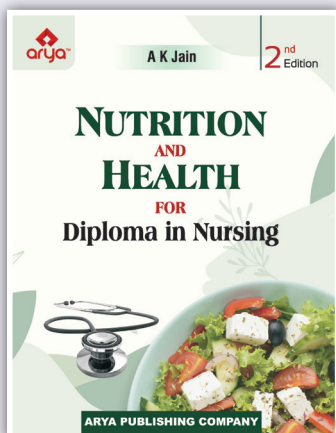
**Anju Mishra** Faculty in Ahilya Bai College of Nursing, Lok Nayak Hospital, New Delhi.

This clinical record book of child health nursing is an effort to provide a framework to organise the clinical requirements of students as per syllabus of Indian Nursing Council. It improves the knowledge base of students and record their activity in more attractive and efficient way.

**Salient features of the book are:**

- This book comprises of two sections: Section I and Section II for 3rd year (VI Semester) and 4th year (Interns) undergraduate students.
- **Section I** of the book provides the related information notes and the outline for various assignments to be completed by the students during their Child Health Nursing clinical posting.
- **Section II** deals with assignment to be completed during their internship.

ISBN : 978-93-9410-239-2	Price : ₹ 550	Pages : 296	First Edition : 2022	Reprint : 2024
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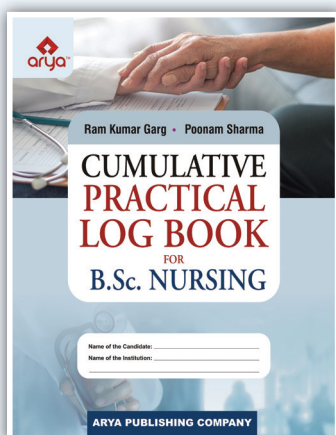
## Nutrition and Health for Diploma in Nursing (2nd Edition)

**A K Jain**

**Salient features of the book are:**

- The entire text has been simplified and presented.
- New concepts and latest developments have been included.
- Many well-labelled diagrams included.
- The students will find it easy to attempt any question in the form of objective or sub-objective type.

ISBN : 978-93-9479-244-9	Price : ₹ 150	Pages : 112	Second Edition : 2023
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## Cumulative Practical Log Book for B.Sc. Nursing (Hardbound)

**Ram Kumar Garg** working as a Professor in Department of Community Health, Teerthanker Mahaveer College of Nursing, Teerthanker Mahaveer University, Moradabad, Uttar Pradesh, India.

**Poonam Sharma** working as Professor-cum-Principal in Teerthanker Mahaveer College of Nursing, Teerthanker Mahaveer University, Moradabad, Uttar Pradesh, India.

**Salient features of the book are:**

- As per the revised curriculum and useful for B.Sc. Nursing students (Semester-system).
- Students friendly and easy to understand.
- Contents reviewed by most eminent nursing faculty.
- Well-organised and systematically written as per the syllabus.
- Important key points were given for viva-voce and covered all the clinical areas which come in curriculum.

ISBN : 978-93-9479-294-4	Price : ₹ 300	Pages : 94	First Edition : 2023	Reprint : 2025
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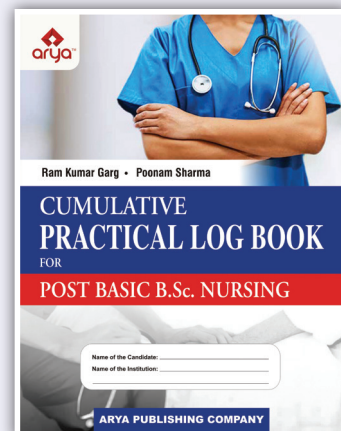
## Cumulative Practical Log Book for Post Basic B.Sc. Nursing

**Ram Kumar Garg, Poonam Sharma**

**Salient features of the book are:**

- As per the revised curriculum and useful for Post Basic B.Sc. Nursing students.
- Students friendly and easy to understand.
- Contents reviewed by most eminent nursing faculty.
- Well-organised and systematically written as per the syllabus.
- Covers all the clinical area which come in the curriculum.
- Additional CHO clinical areas were included.
- Important key points were given for viva-voce.

ISBN : 978-93-9479-296-8	Price : ₹ 175	Pages : 62	First Edition : 2023
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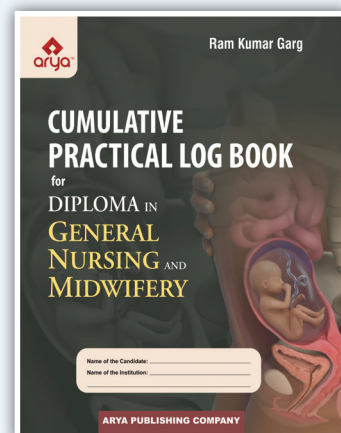
## Cumulative Practical Log Book for Diploma in General Nursing & Midwifery (Hardbound)

**Ram Kumar Garg**

**Salient features of the book are:**

- As per the revised curriculum and useful for GNM students.
- Contents reviewed by most eminent nursing faculty.
- Well-organised and systematically written as per the syllabus.
- Covers all the clinical area which come in curriculum.
- Important key points were given for viva-voce.
- Students friendly and easy to understand.

ISBN : 978-93-9479-295-1	Price : ₹ 200	Pages : 70	First Edition : 2023
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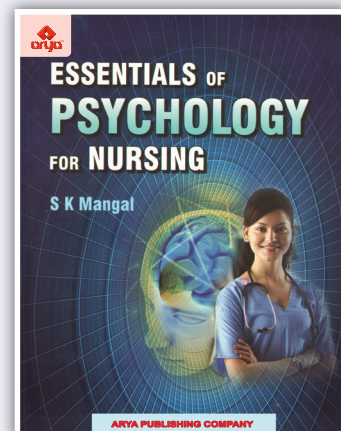
## Essentials of Psychology for Nursing

**S K Mangal**

**Salient features of the book are:**

- As per the revised curriculum, useful for GNM students.
- Contents reviewed by most eminent nursing faculty.
- Well-organised and systematically written as per the syllabus.
- Covers all the clinical area which come in curriculum.
- Important key points were given for viva-voce.

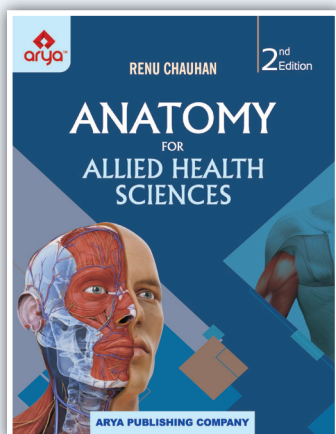
ISBN : 978-81-7739-389-7	Price : ₹ 175	Pages : 196	First Edition : 2013	Reprint : 2023
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# Books for Allied Health Sciences



## Anatomy for Allied Health Sciences (2nd Edition)

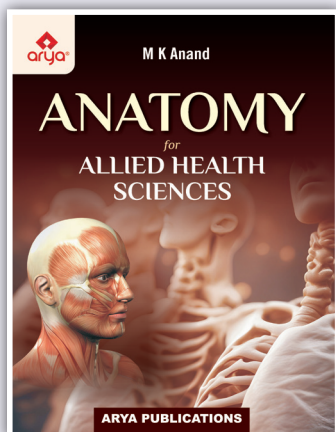
**Renu Chauhan**

This book has been inspired by the needs of Allied Health Sciences students. The text has been kept simple yet lucid. Along with MLT courses, the text will also serve the needs for other paramedical courses like B.Sc. Radiology, Diploma in Radiography, etc.

**Salient features of the book:**

- Concise and reader-friendly text in a lucid manner.
- All aspects of the human anatomy are covered.
- Well-labelled diagrams to make the concepts of the subject clear.

ISBN : 978-93-9479-256-2	Price : ₹ 125	Pages : 64	Second Edition : 2023
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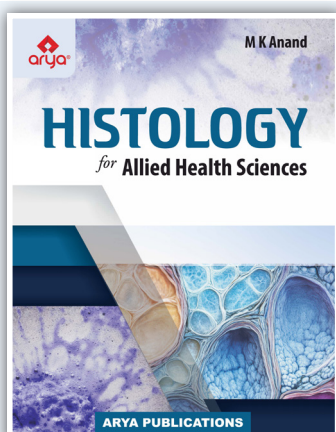
## Anatomy for Allied Health Sciences

**M K Anand**

**Salient features of the book:**

- This book is designed for allied health sciences students, focusing on concept-based and clinically relevant learning.
- Organized into comprehensive chapters covering body organization, tissues, osteology, and all major body systems.
- Early chapters introduce anatomical terms, cells, genetics, and tissues with clear diagrams.
- Includes detailed diagrams, illustrations, and clinical correlations to enhance understanding and practical application.
- Covers topics from cellular biology and surface landmarks to regional anatomy, embryology, and cranial nerves.
- Incorporates modern educational technology and content delivery methods suited for contemporary learning.
- Aims to serve as both a complete textbook for undergraduates and a handy reference for postgraduates.

ISBN : 978-93-6059-227-1	Price : ₹ 595	Pages : 312	First Edition : 2025
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## Histology for Allied Health Sciences

**M K Anand**

**Salient features of the book:**

- The book is designed to serve as a comprehensive resource for undergraduate students and allied health professionals studying histology.
- It incorporates modern educational approaches, emphasizing competency-based learning aligned with recent reforms in medical education in India.
- The content is structured to facilitate understanding of fundamental histological concepts and their practical applications in the medical field.
- The book begins with histological techniques, followed by detailed chapters on epithelial, connective, cartilage, bone, muscle tissues, and extensive coverage of organ systems including nervous, cardiovascular, lymphatic, respiratory, digestive, urinary, reproductive, endocrine, and integumentary systems.
- Designed not only as a textbook but also as a reference guide to support the learning and teaching of histology in medical education.

ISBN : 978-93-6059-103-8	Price : ₹ 275	Pages : 136	First Edition : 2025
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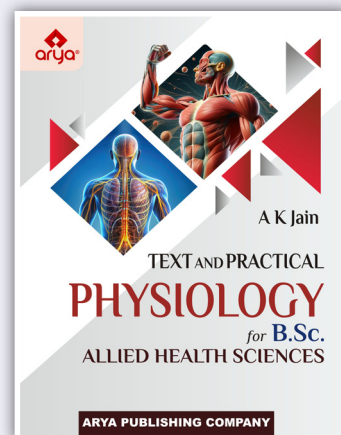
## Text and Practical Physiology for B.Sc. Allied Health Sciences

**A K Jain**

**Salient features of the book are:**

- Comprehensive and updated content aligned with the syllabus for all specialities under Allied Health Sciences.
- Clear explanations supported by study questions, coloured figures flowcharts, and tables for better understanding.
- Clinical images are included to enhance the grasp of important clinical concepts.
- Quick previews are provided at the beginning of each chapter for a brief overview.
- Significant points highlighted using italics, bold text and important notes placed in box for emphasis.
- A detailed and well-organized index for easy access to specific topics

ISBN : 978-93-6059-484-8	Price : ₹ 695	Pages : 352	First Edition : 2025
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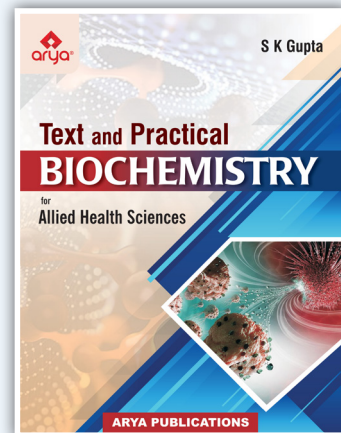
## Text and Practical Biochemistry for Allied Health Sciences

**S K Gupta**

**Salient features of the book are:**

- This book is for students enrolled in various allied health science courses, including B.Sc. programs in Medical Laboratory Technology, O.T. Technology, Cardiac Care, Perfusion Technology, Renal Dialysis, Respiratory Care, Radiotherapy, and Imaging Technology.
- Developed in alignment with syllabi from multiple universities to ensure the content is suitable for the target courses.
- Chapters on key subject such as genetics, metabolism, and immunology are written in a simple and lucid manner, making the content easy to grasp
- Each chapter includes self-assessment questions and multiple-choice questions (MCQs) to reinforce learning and comprehension

ISBN : 978-93-6059-158-8	Price : ₹ 695	Pages : 320	First Edition : 2025
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## Text and Practical Microbiology for B.Sc. Allied Health Sciences

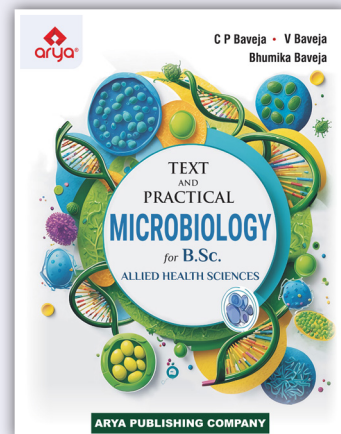
**C P Baveja, V Baveja, Bhumika Baveja**

**Salient features of the book are:**

This book is designed to provide essential knowledge for the Allied Health Sciences profession. It covers ten units General Microbiology Immunology Systemic Bacteriology. Mycology, Parasitology. Hospital Infection Control and Safety Applied Microbiology at a Glance, and Proctorial Microbiology.

- The content is presented in a simple, concise, comprehensive, and clear manner.
- Diagrams and tables have been incorporated at appropriate places for quick recapitulation.
- A unit on Applied Microbiology highlights its significance in clinical microbiology.
- Chapters on Practical Microbiology and Sports assist students in Performing practical exercises.
- The book has been written as per the prescribed syllabus for Microbiology for Allied Health Sciences.

ISBN : 978-93-6059-284-4	Price : ₹ 695	Pages : 352	First Edition : 2025
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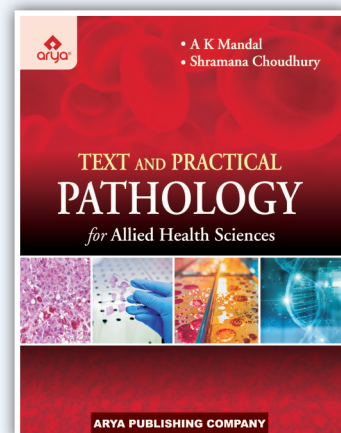
## Text and Practical Pathology for Allied Health Sciences

**A K Mandal, Shramana Choudhury**

**Salient features of the book are:**

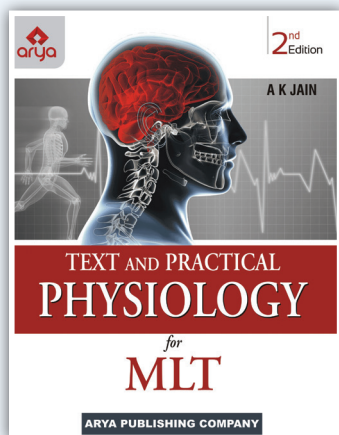
- Designed for students in Allied Health Science courses, preparing individuals for careers in diagnostic imaging, laboratory diagnosis, emergency services, and operation theatres.
- Follows the syllabus and curriculum prescribed by Indian universities, medical colleges, and the Ministry of Health and Family Welfare, Government of India.
- Written in simple and clear language to ensure easy comprehension, with information presented in bullet points to avoid confusion and save time.
- Pathogenesis is explained using flow diagrams to simplify complex processes.
- Includes country-specific epidemiological data to help students connect global knowledge with local healthcare challenges.
- Aim to make pathology accessible and practical for students, assisting them in preparing for essential roles in healthcare.

ISBN : 978-93-6059-670-5	Price : ₹ 450	Pages : 184	First Edition : 2025
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# Books for MLT and Physiotherapy



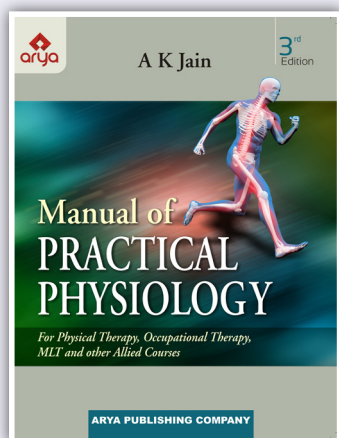
## Text and Practical Physiology for MLT (2nd Edition)

**A K Jain**

**Salient features of the book are:**

- In line with the latest syllabus issued by MLT Council.
- Basic concepts and elements principle as used in physiology explained in a simple language.
- Examples, tables, graphs, flowcharts, diagrams and coloured photographs included.
- Learning objective clearly defined to meet the “application and implications in MLT”.
- Study questions included and summarising tables incorporated.

ISBN : 978-93-9410-201-9	Price : ₹ 695	Pages : 352	Second Edition : 2022	Reprint: 2025
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## Manual of Practical Physiology (3rd Edition)

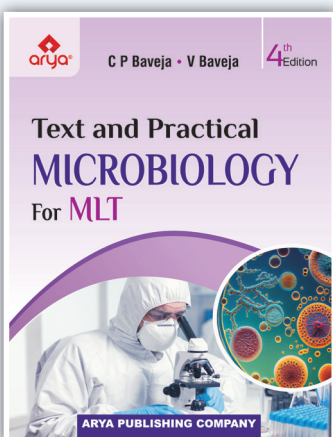
(for Physical Therapy, Occupational Therapy, MLT and Other Allied Courses)

**A K Jain**

**Salient features of the book are:**

- In line with the prescribed guidelines.
- Presents working steps in a simplified manner even a beginner can handle the experiments.
- Important viva-voce questions with answers given.
- Objectives structured practical examination (OSPE) questions have been incorporated.
- Numerous diagrams and actual records have been appendix.
- Frequently asked spots are given in a separate appendix.
- Important topics covered grouped under: (i) Haematology Experiments, (ii) Nerve and Muscles Experiments (Frog), and (iii) Human Experiments.

ISBN : 978-81-19336-08-1	Price : ₹ 450	Pages : 208	Third Edition : 2023
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## Text and Practical Microbiology (4th Edition)

**C P Baveja, V Baveja**

**Salient features of the book are:**

- Point-wise explanation of various topics of Microbiology, i.e., bacteriology, immunology, virology, mycology, parasitology and clinical microbiology.
- A unit on ‘**Practical Microbiology**’ includes the methods of all microbiology tests performed by medical laboratory technologists. This will be useful for day to day laboratory work.
- For control of hospital acquired infections, a topic ‘**Hand Hygiene**’ has been incorporated.

ISBN : 978-93-6059-892-1	Price : ₹ 750	Pages : 368	Fourth Edition : 2024	Reprint : 2025
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## Textbook of Microbiology for Physiotherapy (3rd Edition)

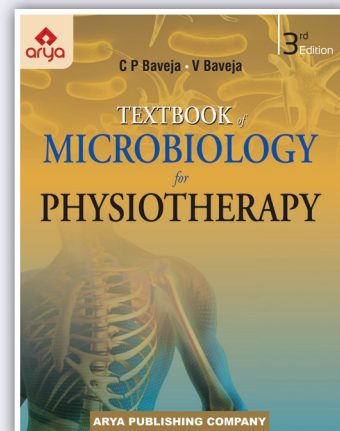
**C P Baveja, V Baveja**

This book is

**Salient features of the book are:**

- Point-wise explanation for quick recapitulation.
- A complete unit on clinical microbiology has been included to understand the role of microbiology in patient care.
- Life cycles of parasites are presented in the form of '**Flow diagram of text**' for easy understanding.

ISBN : 978-93-9410-298-9	Price : ₹ 650	Pages : 312	Third Edition : 2022	Reprint : 2025
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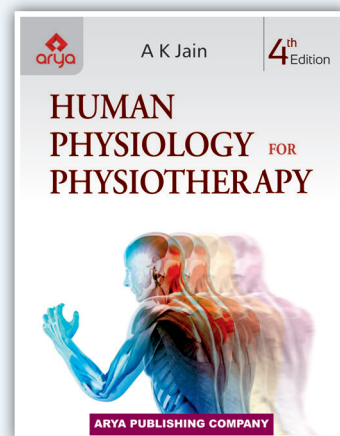
## Human Physiology for Physiotherapy (4th Edition)

**A K Jain**

**Salient features of the book are:**

- Written strictly as per the latest syllabus of physiology for physiotherapy students prescribed by the council.
- Function of human body presented in a simplified language with attractive visual.
- Well-labelled diagrams, new concepts, latest development included.
- Important notes put separately in boxes.
- Text presented point-wise.

ISBN : 978-93-9410-240-8	Price : ₹ 950	Pages : 552	Fourth Edition : 2022	Reprint : 2024
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## Psychology for Physiotherapy (2nd Edition)

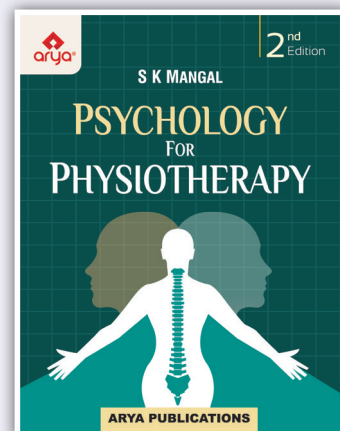
**S K Mangal**

**Salient features of the book are:**

In a harmonious blend of theory with practice, the book provides a valuable insight into the nature, background and application of the subject 'psychology' in the form and way as needed by physiotherapists and students of Physiotherapy.

- Cogent and coherent style of writing.
- Highly engaging text interspersed with examples, illustrations, tables, charts and practical implications.
- Relevant implications of all important psychological concepts to physiotherapists have been explained in each chapter.
- Summary and assessment questions (essay and short-answer type) have been provided at the end of each chapter.

ISBN : 978-93-6059-081-9	Price : ₹ 495	Pages : 272	Second Edition : 2025
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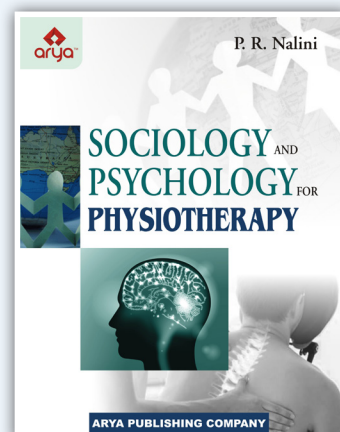
## Sociology and Psychology for Physiotherapy

**P R Nalini** M.S.W, M.Sc Psychology is presently working as a visiting professor in a college of physiotherapy and nursing institutions in Nellore, A.P., India. She has participated in several conferences and presented papers in the 4th and 5th International Stress Management (ICSM 2017, 2018) and poster presentations in Trauma Conclave-2018, AIIMS (New Delhi) in collaboration with the Ministry of Women and Child Welfare Development. She is the author of 'Principles of Sociology for Graduate Nurses' and 'Principles of Psychology for Graduate Nurses'.

**Salient features of the book are:**

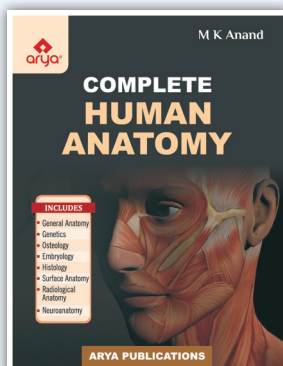
- The entire book is up-to-date according to the current concepts of the subjects of sociology and psychology in the physiotherapy courses.
- The diagrams are presented with examples for easy understanding of the topics in general psychology and sociology.
- This book is not just theory-oriented but also deals with all aspects of practical knowledge.

ISBN : 978-93-94102-94-1	Price : ₹ 395	Pages : 200	First Edition : 2023	Reprint : 2025
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# Books for Pharmacy/Ayurveda/ Homeopathy and Other Useful Books

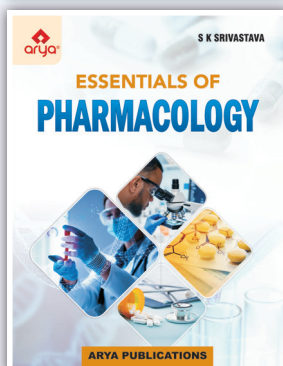


## Complete Human Anatomy

**M K Anand**

- This book is a comprehensive and up-to-date textbook of human anatomy for undergraduate students.
- The pattern of the book is outcome-based, in accordance with the changes in curricula and current integrated, competency-based education.
- The diagrams are illustrative yet simple and should be easily reproducible by any student.
- Neuroanatomy, thorax, muscles of upper and lower limbs, abdomen and pelvis are given in one section with numerous illustrations.
- The section on osteology of the body and radiological anatomy is a unique feature of this book. It is systematic, easy to follow and aims to equip the student with basic clinical knowledge and the anatomical correlation.

ISBN : 978-93-6059-345-2	Price : ₹ 995	Pages : 752	First Edition : 2025
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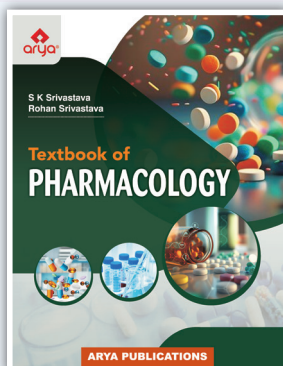
## Essentials of Pharmacology

**S K Srivastava**

Salient features of the book are:

- Absolutely as per the National Medical Commission (NMC) recommended "Competency-based Medical Education (CBME) Curriculum".
- Book is thoroughly updated (second edition) and competencies are mentioned with specific learning objectives in each chapter.
- The precise mechanism of action, clinical uses and adverse effects of drugs/drug groups with relevant explanations have been mentioned.
- Important facts and reasoning (why/how, etc.) are given throughout the text; and also important notes to make certain generalizations and key points.
- Selected MCQs have been mentioned at the end of each chapter for self-assessment.
- New drugs approved have been mentioned with appropriate descriptions.

ISBN : 978-93-6059-839-6	Price : ₹ 495	Pages : 548	First Edition : 2025
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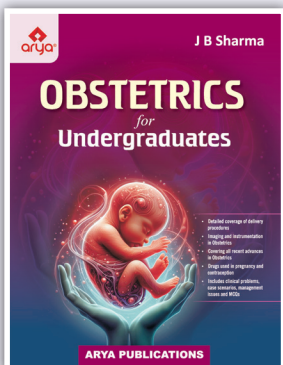
## Textbook of Pharmacology

**S K Srivastava, Rohan Srivastava**

Salient features of the book are:

- The book includes a description of a few drugs used in dentistry — anti-inflammatory, styptics, antimicrobials, antiseptics, etc., and some local anaesthetics and other groups of drugs.
- The basic concepts have been clarified in each chapter with generalisations for better understanding.
- The clinical uses for dental conditions have been clearly mentioned wherever applicable.
- It is written for BDS students as per DCI regulations on undergraduate teaching.

ISBN : 978-93-6059-365-0	Price : ₹ 795	Pages : 1048	First Edition : 2025
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## Obstetrics for Undergraduates

**J B Sharma**

Salient features of the book are:

- Revised and updated guidelines of WHO, CDC, ACOG, RCOG, Ministry of Health and Family Welfare (India), Indian Council of Medical Research, etc., have been included.
- More than 1000 figures, clinical pictures, flowcharts and tables are given for better presentation and easy grasping.
- Chapters have key points at the end for quick reading during the examination; important points, scientific names, and tips have been highlighted for postgraduate entrance examinations.
- Practical points and operative details, in clear and concise form, have been given throughout the book for the convenience of students, residents and practitioners.
- Also useful for PG students, consultants and obstetrical practitioners for quick reference and practical management of cases.

ISBN : 978-93-6059-537-1	Price : ₹ 995	Pages : 720	First Edition : 2025
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## Gynecology for Undergraduates

J B Sharma

**Salient features of the book are:**

- Main stress is given to concept building and evidence-based learning.
- Revised and updated guidelines of WHO, CDC, ACOG, RCOG, Ministry of Health and Family Welfare (India), Indian Council of Medical Research, etc., have been included.
- More than 1000 figures, clinical pictures, flowcharts and tables are given for better presentation and easy grasping.
- Chapters have key points at the end for quick reading during the examination; important points, scientific names, and tips have been highlighted for postgraduate entrance examinations.
- A separate chapter on Gynecological Instruments, Specimens, Spots (Drugs, X-Rays, Ultrasound) and Laboratory Tests is added to help students prepare for their practical examination.

ISBN : 978-93-6059-575-3	Price : ₹ 995	Pages : 632	First Edition : 2025
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## The Basics of Food and Nutrition

**Neha Bakshi** M.Sc., PhD, Medical Educator, National Medical College Network, AIIMS, Delhi. Former Asst. Prof. Lady Irwin College, University of Delhi, India.

**Anjani Bakshi** M.Sc., Ph.D. RD (IDA-Delhi Chapter), Assistant Professor, Department of Food and Nutrition and Food Technology, Lady Irwin College, University of Delhi, India.

**Salient features of the book are:**

- This book provides a comprehensive understanding of the fundamental concepts related to food and nutrition.
- It covers essential terminology such as health, nutrients, and dietary reference intakes, facilitating a nuanced understanding of the subject matter.
- Readers will learn about the different food groups and their role in maintaining overall well-being.
- The relationship between food, nutrition, and health is explored, emphasising the impact of diet on our bodies.
- Additionally, the book discusses assessing nutritional needs, designing meal plans, and promoting well-being.
- Simple and lucid language for easy understanding.

ISBN : 978-93-6059-565-4	Price : ₹ 295	Pages : 176	First Edition : 2024
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## Basic Anatomy and Physiology (5th Edition)

A K Jain

**Salient features of the book are:**

- For students in health-related professions such as medicine, dentistry, nursing, occupational therapy (OT), physiotherapy (PT), medical laboratory technology (MLT) and other branches of medical sciences.
- Presents the essential facts of the basic of human anatomy and physiology in a precise, simple easily understanding languages.
- Text has been presented in multicolour and illustration, tables, graphs and flowcharts.

ISBN : 978-93-6059-279-0	Price : ₹ 695	Pages : 344	Fifth Edition : 2024
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## Human Anatomy and Physiology for Pharmacy (3rd Edition)

A K Jain

**Salient features of the book are:**

- As per the curriculum of the Pharmacy Council of India.
- Introduces basic concepts and principle important for the understanding of the human body.
- A large number of study questions included.
- New summarising tables, well-labelled figures/photographs and clinical pictures incorporated.
- Common systemic disorders included.

ISBN : 978-93-9479-221-0	Price : ₹ 595	Pages : 360	Third Edition : 2017	Reprint : 2024
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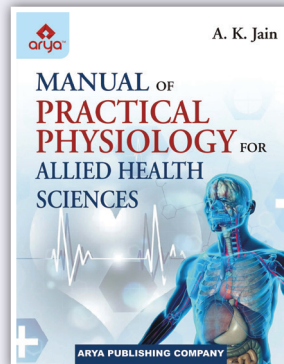
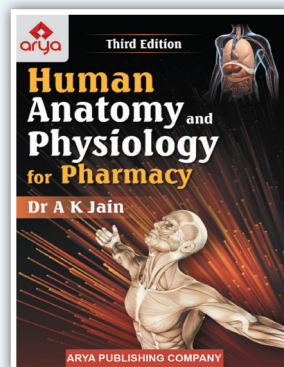
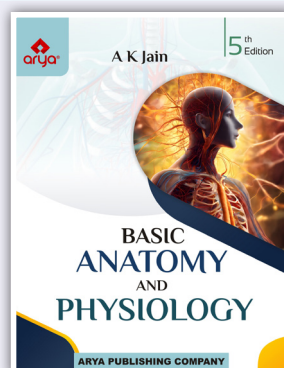
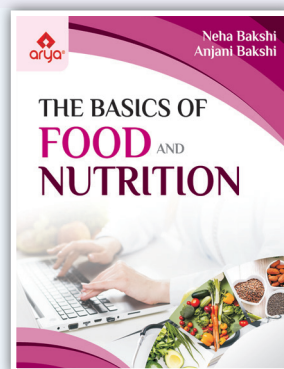
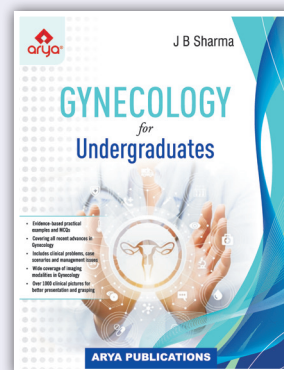
## Manual of Practical Physiology for Allied Health Sciences

A K Jain

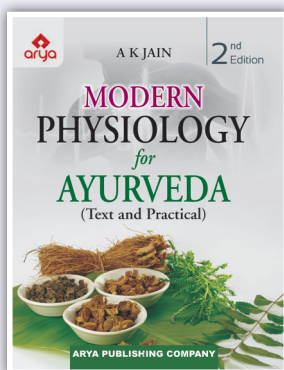
**Salient features of the book are:**

- It furnishes basic information about physiological experiments and lays a consistent emphasis on their every aspect.
- All the experiments in the manual are classified as student exercises; working steps are so framed that any experiment can be handled by a beginner.
- Well-labelled diagrams, pictures and graphs/records depicting analyses and reasonings have been incorporated in this manual.
- Some of the important viva-voce questions with answers are given at the end of each practical. This will give an idea to the students regarding the type of questions asked in the examination.

ISBN : 978-93-9479-235-7	Price : ₹ 400	Pages : 336	Third Edition : 2023
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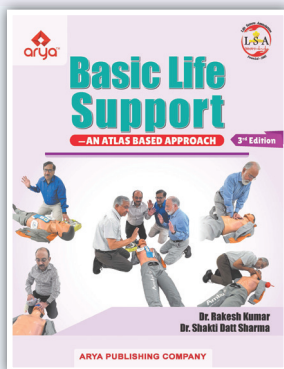
## Modern Physiology for Ayurveda (Text and Practical) (2nd Edition)

**A K Jain**

Salient features of the book are:

- Summarises the current state of knowledge about the functional organisation of the human body.
- Provides the fundamental principle and underlying facts of human physiology.
- Study questions included as per guidelines issued by the National Medical Commission.
- Applied aspects of clinically-related topics have also been discussed.

ISBN : 978-93-9410-283-5	Price : ₹ 695	Pages : 360	Second Edition : 2022	Reprint : 2024
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## Basic Life Support – An Atlas Based Approach (3rd Edition – Updated)

**Rakesh Kumar** DA, MD, Director Professor Anesthesiology, Maulana Azad Medical College and Lok Nayak Hospital, New Delhi.

**Shakti Datt Sharma** DA, MD, Additional Medical Superintendent, Lok Nayak Hospital, New Delhi.

Salient features of the atlas-based book are:

- Provides easy-to-understand methods of learning the skills of supporting life.
- The language is simple and the style is lucid.
- The style of presentation, in such that the reader is placed virtually in the midst of an actual situation.
- The book, printed on art paper, illustrates various life-saving techniques in detail.
- It can be used by all levels of healthcare providers as well as lay persons.

ISBN : 978-93-9479-242-5	Price : ₹ 350	Pages : 72	Third Edition (Updated) : 2023	Reprint : 2025
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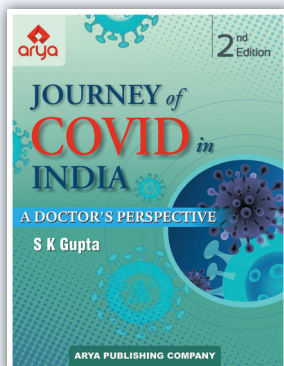
## बेसिक लाइफ सपोर्ट (कहानी जीवन रक्षा का सचित्र वर्णन)

**Rakesh Kumar, Shakti Datt Sharma**

Salient features of the atlas-based book are:

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- The language is simple and the style is lucid.
- The style of presentation, in such that the reader is placed virtually in the midst of an actual situation.
- The book illustrates various life-saving techniques in detail.
- It can be used by all levels of healthcare providers as well as lay persons.

ISBN : 978-81-7855-870-7	Price : ₹ 150	Pages : 80	First Edition : 2020	Reprint : 2025
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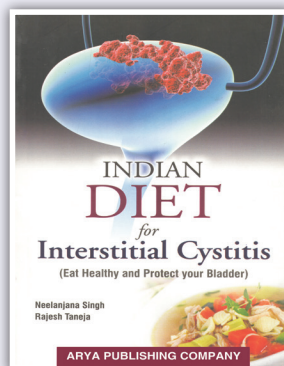


## Journey of COVID in India (2nd Edition)

**S K Gupta** MBBS, MD(Med.), FICP, CFM (France), Visiting Senior Consultant Physician and Internist, Max Super Speciality Hospital, Secretary, Community Health Care Foundation, Director, Shivam Nursing Home, Clinical Assistant Professor, GS Medical College, CCSU, Uttar Pradesh.

The coronavirus pandemic has been an unprecedented situation of the century. It brought fear and uncertainty. Everyone looked with curiosity and hope as the new events unfolded. People had to adapt to new ways of living. Initial resistance to the new restrictions slowly became a way of life. In the beginning, physicians had no knowledge of the disease, symptoms, diagnosis, treatment, or prevention protocols. But the society looked up to them to rescue mankind from the clutches of the virus. And the doctors, too, jumped into the fray, leaving no stone unturned to save lives. In the process, many seniors, juniors, and colleagues were lost to the virus. It has been a very painful aspect of the pandemic. Friends and colleagues found the analysis exciting and loved the synopsis. Many said it was a great learning experience for them. The book takes you through the whole medical journey of the pandemic and would serve as a learning experience as we go back in time.

ISBN : 978-93-94102-75-0	Price : ₹ 650	Pages : 316	Second Edition : 2022	Reprint : 2025
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## Indian Diet for Interstitial Cystitis

**Neelanjana Singh** has over 30 years of extensive clinical experience having worked at AIIMS, PSRI Hospital, Sitaram Bharatiya Research Institute and the Diabetes Foundation.

**Rajesh Taneja** is a medical graduate and Masters in Surgery from Maulana Azad Medical College, New Delhi.

The book **Indian Diet for Interstitial Cystitis** is an attempt to help patients suffering from Interstitial Cystitis and anyone desirous of eating Indian food needing guidance to modify their diet.

Salient features of the book are:

- The benefits of the contents of this book are not limited to patients with Interstitial Cystitis alone but also of value for people suffering from other problems of the urinary bladder, such as chronic infections and overactive bladder.
- Highly effective diet solutions to manage Interstitial Cystitis will reduce the suffering not only in physical terms but also mentally and emotionally.

ISBN : 978-81-7739-585-3	Price : ₹ 400	Pages : 136	First Edition : 2019	Reprint : 2025
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